

**TRAIL LONGO - STAGE 1****32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18.9°C	42%
End	15:01	18.9°C	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	166	Romeu Gouveia	individual	Sub 23 Masculino	02:32:49		04:47
2	15	Luís Duarte Casaca Semedo	acportalegre/utsm	Senior Masculino	02:33:31	+00:41	04:48
3	118	Aita Tamang	individual	Senior Masculino	02:38:10	+05:20	04:57
4	289	Paulo Conde	oralklass-amigos do trail	Senior Masculino	02:38:26	+05:36	04:57
5	303	Bruno Coelho	satecnosoloutdoor-lasportiva	Senior Masculino	02:39:56	+07:06	05:00
6	336	Luis Fernandes	u.f. comércio e indústria atletismo	Senior Masculino	02:42:04	+09:15	05:04
7	12	Paulo Costa	a.d.amarante trail running	Senior Masculino	02:42:16	+09:26	05:04
8	291	António Braziela	oralklass-amigos do trail	Sub 23 Masculino	02:42:17	+09:27	05:04
9	47	João Canelas	beja atlético clube	Senior Masculino	02:45:39	+12:50	05:11
10	305	Bruno Silva	satecnosoloutdoor-lasportiva	Sub 23 Masculino	02:46:07	+13:17	05:11
11	287	Fernando Miguel Neves	oralklass-amigos do trail	Senior Masculino	02:46:25	+13:36	05:12
12	205	Rui Pedro Pinheiro da Fonseca	individual	Veterano M40	02:47:36	+14:47	05:14
13	35	Pedro Veríssimo	arasm - associação recreativa de s. miguel	Veterano M40	02:47:46	+14:56	05:15
14	338	Virgílio Gomes	u.f. comércio e indústria atletismo	Veterano M45	02:48:47	+15:58	05:16
15	62	Nuno Patrício	clube da natureza de alvito	Veterano M45	02:49:02	+16:12	05:17
16	288	João Nogueira	oralklass-amigos do trail	Senior Masculino	02:50:01	+17:11	05:19
17	95	Luis Miguel Cunha	figueira kayak clube	Veterano M40	02:52:29	+19:39	05:23
18	133	Francisco Carvalho	individual	Senior Masculino	02:52:49	+19:59	05:24
19	26	Marcolino Veríssimo	amcf - arrábida trail team	Veterano M45	02:55:11	+22:22	05:28
20	25	Rui Sequeira	amcf - arrábida trail team	Veterano M40	02:55:12	+22:23	05:29
21	134	Grasso	individual	Senior Masculino	02:55:44	+22:55	05:30
22	304	Cesar Barros	satecnosoloutdoor-lasportiva	Senior Masculino	02:56:00	+23:10	05:30
23	146	Nelson Diogo	amcf - arrábida trail team	Senior Masculino	02:56:10	+23:20	05:30
24	268	Rui Jorge Santos	ocs proaventuras	Senior Masculino	02:56:45	+23:55	05:31
25	23	Paulo Lopes	amcf - arrábida trail team	Veterano M40	02:57:54	+25:05	05:34
26	100	PEDRO SANTOS	fugitivos urbanos - clínica + saúde	Veterano M40	02:59:41	+26:52	05:37
27	22	Luis Martins	amcf - arrábida trail team	Veterano M40	03:01:00	+28:10	05:39
28	337	Luís Silva	u.f. comércio e indústria atletismo	Senior Masculino	03:03:31	+30:41	05:44
29	162	Simão	individual	Senior Masculino	03:05:09	+32:19	05:47
30	276	Rufino Paiva	ocs proaventuras	Veterano M45	03:06:54	+34:05	05:50
31	88	Nelson Teixeira	crocodilos / misterpc	Senior Masculino	03:08:43	+35:53	05:54
32	216	Joaquim Pato	individual	Veterano M45	03:08:50	+36:00	05:54
33	143	Marco silva	individual	Senior Masculino	03:09:24	+36:35	05:55
34	11	José Barros	a.d.amarante trail running	Senior Masculino	03:09:41	+36:51	05:56
35	208	Carlos Eduardo Lourenço	individual	Veterano M45	03:09:49	+36:59	05:56
36	228	António Antas	individual	Veterano M50	03:09:55	+37:06	05:56
37	91	Vitor Gateira	évora night runners	Senior Masculino	03:10:35	+37:46	05:57
38	312	Alex Tondela	sport clube beira-mar	Veterano M40	03:11:19	+38:30	05:59
39	279	Zó Vieira	ocs proaventuras	Veterano M55	03:11:27	+38:37	05:59
40	308	Marco Guerra	scp newark running	Senior Masculino	03:12:50	+40:01	06:02
41	341	Ricardo Miguel Sousa Amorim	xl&s trail	Senior Masculino	03:13:24	+40:34	06:03
42	285	MARIA AREIAS	oralklass-amigos do trail	Senior Feminino	03:13:43	+40:53	06:03

**TRAIL LONGO - STAGE 1**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	278	JOÃO PAULO OLIVEIRA MARQUES	ocs proaventuras	Veterano M55	03:14:04	+41:15	06:04
44	41	Alexandre Cunha	associação o mundo da corrida	Veterano M45	03:14:40	+41:51	06:05
45	220	Marco Lívio	individual	Veterano M45	03:17:03	+44:13	06:09
46	204	Rui Miguel Lóia	individual	Veterano M40	03:19:47	+46:57	06:15
47	9	Inês Henriques Marques	99provasgratuitas	Veterana F40	03:19:50	+47:01	06:15
48	13	Luís Silva	abcansado trail	Senior Masculino	03:21:09	+48:20	06:17
49	142	Nelson Quiterio	individual	Veterano M40	03:21:41	+48:52	06:18
50	78	Carlos Matias	coa - clube de orientação e aventura	Veterano M40	03:22:22	+49:33	06:19
51	311	Emídio Correia	sport clube beira-mar	Senior Masculino	03:22:32	+49:42	06:20
52	24	Vitor Pinto	amcf - arrábida trail team	Senior Masculino	03:22:45	+49:56	06:20
53	138	João Ricardo Cristo Dias	individual	Senior Masculino	03:22:52	+50:03	06:20
54	346	Pedro Fernandes	remo clube lusitano	Senior Masculino	03:23:32	+50:42	06:22
55	107	Ricardo Luis	go!runners	Senior Masculino	03:23:39	+50:49	06:22
56	130	Daniel Ribeiro	individual	Senior Masculino	03:25:34	+52:44	06:25
57	182	Hugo Montes de Almeida	individual	Veterano M40	03:27:08	+54:18	06:28
58	264	Vitor Veloso	o mundo da corrida	Veterano M40	03:27:16	+54:26	06:29
59	275	Paulo Osório	ocs proaventuras	Veterano M45	03:27:20	+54:30	06:29
60	233	Luis Soares	individual	Veterano M50	03:27:21	+54:32	06:29
61	123	bruno emanuel rolo periquito	individual	Senior Masculino	03:27:30	+54:40	06:29
62	282	António Soares	opraticante.pt	Veterano M50	03:27:59	+55:10	06:30
63	90	João Tomaz	évora night runners	Senior Masculino	03:29:56	+57:07	06:34
64	194	Nuno Pereira	individual	Veterano M40	03:30:06	+57:17	06:34
65	196	Paulo Oliveira	individual	Veterano M40	03:30:19	+57:29	06:34
66	102	Romeu Alexandre Taneco Colaço	ginásio qtº do valbom - aalcochete	Senior Masculino	03:31:47	+58:58	06:37
67	129	Daniel Louro	individual	Senior Masculino	03:31:49	+58:59	06:37
68	277	João Nuno Fonseca	ocs proaventuras	Veterano M50	03:32:18	+59:29	06:38
69	63	Rute Martins	clube de atletismo de ferreira do zêzere	Senior Feminino	03:32:47	+59:57	06:39
70	77	Jorge Nabais	coa - clube de orientação e aventura	Senior Masculino	03:33:04	+01:00:15	06:40
71	272	guilherme hora	ocs proaventuras	Veterano M40	03:34:48	+01:01:59	06:43
72	292	Sérgio Anunciação	oralklass-amigos do trail	Veterano M50	03:34:59	+01:02:09	06:43
73	342	Rui Carmo	xl&s trail	Senior Masculino	03:35:38	+01:02:48	06:44
74	286	Nádia Filipa Pais Casteleiro	oralklass-amigos do trail	Senior Feminino	03:37:06	+01:04:16	06:47
75	7	Tiago Almeida	100 estrilhos	Senior Masculino	03:37:07	+01:04:17	06:47
76	294	alfredo costa	oursense	Veterano M55	03:37:17	+01:04:27	06:47
77	59	César Francisco	cesarfrancisco.com   lagrimas team	Veterano M45	03:38:17	+01:05:28	06:49
78	246	Manuel Moreno	individual	Veterano M55	03:39:16	+01:06:27	06:51
79	318	João Farinhas	tálenos team	Veterano M40	03:39:32	+01:06:42	06:52
80	200	Pedro Borregana	individual	Veterano M40	03:39:33	+01:06:44	06:52
81	148	Pedro Figueira	individual	Senior Masculino	03:39:39	+01:06:49	06:52
82	57	José Lopes	ccd siemens	Veterano M45	03:39:49	+01:06:59	06:52
83	30	Nuno Almeida	arrabida runners	Veterano M45	03:39:55	+01:07:05	06:52
84	6	Sergio Almeida	100 estrilhos	Senior Masculino	03:40:20	+01:07:30	06:53
85	335	Filipe Inácio	u.f. comércio e indústria atletismo	Senior Masculino	03:40:45	+01:07:55	06:54
86	202	Pedro Moleirinho	individual	Veterano M40	03:40:53	+01:08:04	06:54
87	83	Luís Lobato	coa - clube de orientação e aventura	Veterano M45	03:41:48	+01:08:58	06:56

**TRAIL LONGO - STAGE 1**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	300	Ismael Maiato	salamandrecos	Veterano M45	03:42:13	+01:09:23	06:57
89	332	Hugo Miguel	trilho perdido eventos / imporlux	Veterano M40	03:42:16	+01:09:27	06:57
90	299	José Centúrio	run4eat	Veterano M45	03:42:18	+01:09:28	06:57
91	120	Alexis Pedrosa	individual	Senior Masculino	03:44:09	+01:11:19	07:00
92	201	Pedro Miguel Santos	individual	Veterano M40	03:44:12	+01:11:23	07:00
93	53	Cesar Orvalho	ccd siemens	Senior Masculino	03:44:56	+01:12:06	07:02
94	36	Horácio Ferreira	arism - associação recreativa de s. miguel	Veterano M45	03:44:58	+01:12:08	07:02
95	14	José Leandro Pereira Soares	acd jardim da serra	Senior Masculino	03:45:03	+01:12:13	07:02
96	38	Carmen Ferreira	asc vale grande	Veterana F45	03:45:03	+01:12:14	07:02
97	296	Luis Miguel Leitão Marques	róódinhas-santos silva / oxygen-gym & fitness	Veterano M40	03:45:44	+01:12:54	07:03
98	284	António Nereu	opracicante.pt	Veterano M55	03:45:55	+01:13:05	07:04
99	56	João Queiroz	ccd siemens	Veterano M40	03:45:56	+01:13:06	07:04
100	283	José Mira	opracicante.pt	Veterano M50	03:46:03	+01:13:13	07:04
101	105	Mafalda Moniz	golrunners	Senior Feminino	03:46:22	+01:13:33	07:04
102	51	Nuno Paulino	c.d."os águias" de alpiarça	Veterano M40	03:46:37	+01:13:48	07:05
103	50	Ricardo Conde	c.d."os águias" de alpiarça	Senior Masculino	03:46:37	+01:13:48	07:05
104	267	Ricardo Cunha	ocs proaventuras	Senior Masculino	03:47:56	+01:15:06	07:07
105	64	Pedro Miguel Pires Gonçalves	clube futebol guadiana	Senior Masculino	03:48:01	+01:15:11	07:08
106	37	Pedro Simões	arism - associação recreativa de s. miguel	Veterano M45	03:48:17	+01:15:27	07:08
107	251	Luis Almeida	jobrinde montes saloios	Veterano M40	03:48:26	+01:15:36	07:08
108	302	Diogo Gamito	salamandrecos	Veterano M50	03:50:58	+01:18:08	07:13
109	309	Cidália Costa Martins	sempre a 30	Veterana F50	03:51:18	+01:18:28	07:14
110	101	Rogério Rodrigues	g.d.m. trail team	Veterano M40	03:51:19	+01:18:29	07:14
111	319	José Luís Nunes Mendes Alecrim Lopes	tálenos team	Veterano M40	03:52:04	+01:19:15	07:15
112	8	Luis Aires	100 estirhos	Veterano M45	03:52:31	+01:19:41	07:16
113	266	Helder Lemos	ocs proaventuras	Senior Masculino	03:52:32	+01:19:42	07:16
114	270	Sónia Túbal	ocs proaventuras	Veterana F40	03:52:32	+01:19:43	07:16
115	29	José Casimiro Alegria Fernandes	arrabida runners	Veterano M45	03:52:37	+01:19:48	07:16
116	104	Mário Dias	ginásio qtº do valbom - aaalcochete	Veterano M50	03:52:52	+01:20:02	07:17
117	75	Ricardo Pereira	clube ogma	Veterano M40	03:53:01	+01:20:11	07:17
118	28	Eduardo Quaresma	arrabida runners	Senior Masculino	03:53:09	+01:20:19	07:17
119	326	Rodrigo Tavares	toka a correr	Senior Masculino	03:53:22	+01:20:32	07:18
120	112	Inês Tavares Lopes	individual	Senior Feminino	03:53:24	+01:20:34	07:18
121	252	Nuno Filipe Lopes Baltazar	juventude vidigalense	Veterano M40	03:54:01	+01:21:12	07:19
122	242	Fernando Jorge de Oliveira	individual	Veterano M55	03:54:08	+01:21:18	07:19
123	140	Luis dias	individual	Senior Masculino	03:54:24	+01:21:34	07:20
124	145	Nelson Adao	individual	Senior Masculino	03:55:11	+01:22:21	07:21
125	262	Alexandre Figueiredo	napa - núcleo de amigos da perna assada	Veterano M40	03:57:04	+01:24:15	07:25
126	32	Silverio Correia	arrabida runners	Veterano M50	03:57:50	+01:25:00	07:26
127	132	Francisco Borges	individual	Senior Masculino	03:58:00	+01:25:10	07:26
128	65	Luis Gouveia	clube futebol guadiana	Veterano M40	03:58:07	+01:25:18	07:26
129	126	Bruno Raposeira	individual	Senior Masculino	03:59:02	+01:26:12	07:28
130	240	Sérgio Magalhães	individual	Veterano M50	03:59:23	+01:26:33	07:29

**TRAIL LONGO - STAGE 1**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	82	Luís Emídio	coa - clube de orientação e aventura	Veterano M45	03:59:48	+01:26:59	07:30
132	340	Susana Alves	xl&s trail	Senior Feminino	03:59:54	+01:27:04	07:30
133	218	José Costa Alves	individual	Veterano M45	03:59:58	+01:27:08	07:30
134	93	José Barrigó	évora night runners	Veterano M50	04:00:39	+01:27:50	07:31
135	325	Pedro David De Sousa Neves	team crosswater	Senior Masculino	04:00:51	+01:28:01	07:32
136	234	Mário Filipe	individual	Veterano M50	04:00:54	+01:28:04	07:32
137	212	João Carlos Oliveira	individual	Veterano M45	04:01:09	+01:28:20	07:32
138	103	Ruben Dias	ginásio qtº do valbom - aaalcochete	Senior Masculino	04:01:59	+01:29:10	07:34
139	155	Ricardo Salgueiro	individual	Senior Masculino	04:02:32	+01:29:43	07:35
140	301	Miguel Pedro	salamandrecos	Veterano M45	04:03:03	+01:30:14	07:36
141	260	Jorge Alexandre Correia Moita	montanha clube trail running/efapel	Veterano M40	04:04:59	+01:32:10	07:39
142	185	Jorge Correia	individual	Veterano M40	04:05:53	+01:33:04	07:41
143	186	Jose Carlos Duarte	individual	Veterano M40	04:06:59	+01:34:09	07:43
144	206	Rui Vieira	individual	Veterano M40	04:07:11	+01:34:21	07:43
145	224	Paulo Vieira	individual	Veterano M45	04:07:14	+01:34:25	07:44
146	164	Tiago Marcelino	individual	Senior Masculino	04:07:15	+01:34:25	07:44
147	193	Nuno Lopes	individual	Veterano M40	04:07:20	+01:34:31	07:44
148	79	Nuno Barata	coa - clube de orientação e aventura	Veterano M40	04:07:40	+01:34:51	07:44
149	244	Luis Carvalho	individual	Veterano M55	04:07:59	+01:35:09	07:45
150	109	João Freire	gurus	Senior Masculino	04:08:10	+01:35:20	07:45
151	333	Maria Luísa Espírito Santo	u.f. comércio e indústria atletismo	Veterana F50	04:08:13	+01:35:23	07:45
152	168	Ana lucia Duarte	individual	Veterana F45	04:08:19	+01:35:29	07:46
153	344	Manuel Alves	olimpico vianense trail	Veterano M50	04:08:42	+01:35:52	07:46
154	150	Pedro Gonçalves	individual	Senior Masculino	04:08:50	+01:36:01	07:47
155	172	Carla Santos	individual	Veterana F45	04:09:13	+01:36:24	07:47
156	135	Helder Lopes	montanha clube trail running/efapel	Senior Masculino	04:09:18	+01:36:28	07:47
157	10	António Mendes	a.d.amarante trail running	Senior Masculino	04:09:26	+01:36:37	07:48
158	324	João Carlos Ferreira Martins Marçal	team crosswater	Senior Masculino	04:09:29	+01:36:40	07:48
159	214	Joaquim Caeiro	individual	Veterano M45	04:10:18	+01:37:29	07:49
160	125	Bruno Narciso	individual	Senior Masculino	04:10:53	+01:38:03	07:50
161	345	Fernando Mateus	individual	Veterano M55	04:12:58	+01:40:08	07:54
162	81	Simão Petulante	coa - clube de orientação e aventura	Veterano M40	04:13:27	+01:40:38	07:55
163	16	Paula Matos	acportalegre/utsm	Veterana F45	04:14:50	+01:42:01	07:58
164	310	José Martins	sempre a 30	Veterano M55	04:15:15	+01:42:26	07:59
165	149	Pedro Frazão	individual	Senior Masculino	04:15:19	+01:42:30	07:59
166	323	Luís Batista;	tálenos team	Veterano M50	04:15:31	+01:42:42	07:59
167	226	Rui Carvalho	individual	Veterano M45	04:15:40	+01:42:50	07:59
168	248	Joana leitão	jacklane e manda brasa	Veterana F40	04:15:54	+01:43:04	08:00
169	207	Tó Serrão	individual	Veterano M40	04:16:36	+01:43:47	08:01
170	331	Ana Tomé	trilho perdido eventos / imporlux	Veterana F40	04:16:49	+01:44:00	08:02
171	174	Miguel Riberio	trilho perdido eventos / imporlux	Senior Masculino	04:16:50	+01:44:00	08:02
172	258	Hugo Rodrigues	montanha clube trail running/efapel	Senior Masculino	04:16:57	+01:44:08	08:02
173	17	Sérgio Carinhas	acportalegre/utsm	Veterano M45	04:18:21	+01:45:32	08:04
174	106	Patrícia Lourenço	go!runners	Senior Feminino	04:19:28	+01:46:39	08:07
175	159	Rui Luciano	individual	Senior Masculino	04:20:05	+01:47:16	08:08

TRAIL LONGO - STAGE 1

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	317	Carlos Brito	tãlentos team	Veterano M40	04:21:16	+01:48:27	08:10
177	339	Miguel Barnabé	vertical navis	Veterano M50	04:21:33	+01:48:43	08:10
178	178	Artur Soares	individual	Veterano M40	04:22:10	+01:49:20	08:12
179	181	Flavio Monteiro	individual	Veterano M40	04:22:18	+01:49:29	08:12
180	45	Susana Pereira	beers and burgers	Senior Feminino	04:22:53	+01:50:04	08:13
181	281	Nuno Lucas	opracicante.pt	Veterano M45	04:24:13	+01:51:24	08:15
182	221	Miguel Sergio Henriques Guedes Gomes	individual	Veterano M45	04:24:13	+01:51:24	08:15
183	152	Pedro lucas	individual	Senior Masculino	04:26:28	+01:53:39	08:20
184	74	Aires Barata	clube novo banco	Veterano M40	04:27:10	+01:54:20	08:21
185	253	Flor Irina Amonsky	kalorias runners	Senior Feminino	04:27:10	+01:54:20	08:21
186	44	Cláudia Guerreiro	atr-algarve trail running	Veterana F40	04:27:34	+01:54:45	08:22
187	274	Pedro Calado	ocs proaventuras	Veterano M40	04:28:02	+01:55:13	08:23
188	327	Paulo Ferreira	trail clube futebol de sassoeiros	Veterano M40	04:28:32	+01:55:43	08:24
189	94	Pedro Nunes	évora night runners	Veterano M50	04:30:19	+01:57:30	08:27
190	219	Luis Fidalgo	individual	Veterano M45	04:30:32	+01:57:43	08:27
191	261	Firmino Mendes	montanha clube trail running/efapel	Veterano M55	04:31:18	+01:58:29	08:29
192	49	Bruno Fernandes	bruno	Senior Masculino	04:33:28	+02:00:39	08:33
193	39	Paulo Jorge dos Santos	associação de atletismo lebres do sado	Veterano M45	04:33:56	+02:01:07	08:34
194	60	Luís Paulo F. A. Carlos	chitas de alcobaça	Veterano M40	04:34:54	+02:02:04	08:35
195	61	Sara Velho	clube da natureza de alvito	Veterana F40	04:34:59	+02:02:10	08:36
196	271	Isabel Pisco	ocs proaventuras	Veterana F45	04:35:00	+02:02:10	08:36
197	343	Ana Rita de Barros Carneiro	xl&s trail	Sub 23 Feminino	04:35:27	+02:02:38	08:36
198	236	Nuno Rocha	individual	Veterano M50	04:35:40	+02:02:50	08:37
199	73	Mafalda Faria	clube novo banco	Senior Feminino	04:36:15	+02:03:26	08:38
200	273	João Faria	ocs proaventuras	Veterano M40	04:36:16	+02:03:26	08:38
201	92	Carla Ramos	évora night runners	Veterana F40	04:37:14	+02:04:24	08:40
202	160	Salvador Corrêa de Oliveira	individual	Senior Masculino	04:38:09	+02:05:20	08:42
203	254	Luís Ribeiro	monsanto running team	Senior Masculino	04:38:11	+02:05:21	08:42
204	209	Carlos Rodrigues	individual	Veterano M45	04:39:02	+02:06:13	08:43
205	54	João Fernandes	ccd siemens	Senior Masculino	04:39:37	+02:06:47	08:44
206	197	paulo sousa	individual	Veterano M40	04:40:19	+02:07:29	08:46
207	158	Rui Alegre	individual	Senior Masculino	04:40:53	+02:08:03	08:47
208	190	Marco Silva	individual	Veterano M40	04:41:05	+02:08:15	08:47
209	188	Luis Cruz	individual	Veterano M40	04:41:34	+02:08:45	08:48
210	137	Ivo Roque	individual	Senior Masculino	04:42:40	+02:09:51	08:50
211	243	João Menezes Silva	individual	Veterano M55	04:42:48	+02:09:59	08:50
212	48	Jorge Vaz	brnighrunners	Veterano M45	04:43:06	+02:10:16	08:51
213	108	Pedro Felicio	grupo desportivo securitas sa	Veterano M45	04:45:36	+02:12:46	08:56
214	210	Celso Fernandes	individual	Veterano M45	04:45:49	+02:13:00	08:56
215	84	Hélio Carreira	cp secil	Senior Masculino	04:45:49	+02:13:00	08:56
216	235	Mário Jorge Coelho	individual	Veterano M50	04:45:51	+02:13:02	08:56
217	306	Pedro Salgueiro	sawadee	Senior Masculino	04:46:13	+02:13:23	08:57
218	124	Bruno José Miguel da Palma	individual	Senior Masculino	04:46:33	+02:13:44	08:57
219	231	joao paulo almeida	individual	Veterano M50	04:48:04	+02:15:15	09:00
220	151	Pedro Guerra	individual	Senior Masculino	04:48:27	+02:15:38	09:01

## TRAIL LONGO - STAGE 1

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	199	Pedro Barata	individual	Veterano M40	04:49:10	+02:16:20	09:02
222	247	António Viegas	individual	Veterano M60	04:51:09	+02:18:19	09:06
223	237	Paulo Serranito	individual	Veterano M50	04:51:11	+02:18:22	09:06
224	250	Ricardo vilchez	jacklane e manda brasa	Veterano M40	04:52:31	+02:19:42	09:08
225	227	Sérgio Póvoa	individual	Veterano M45	04:52:50	+02:20:01	09:09
226	321	Rui Garcia	talentos team	Veterano M45	04:53:04	+02:20:15	09:10
227	131	David Matias	individual	Senior Masculino	04:53:13	+02:20:23	09:10
228	157	Roberto Filipe Domingos da Silva Pereira	individual	Senior Masculino	04:54:19	+02:21:29	09:12
229	18	Ricardo Louro	adrc mata de benfica	Veterano M45	04:55:45	+02:22:56	09:15
230	265	Fernando Morais	o mundo da corrida	Veterano M55	05:02:33	+02:29:44	09:27
231	163	Simão Pedro Martinho Pacheco	individual	Senior Masculino	05:03:34	+02:30:44	09:29
232	320	Pedro Inverno	talentos team	Veterano M40	05:05:48	+02:32:59	09:33
233	76	Sónia Marques	coa - clube de orientação e aventura	Senior Feminino	05:06:25	+02:33:35	09:35
234	328	António José Ferreira Lourenço	trail runners portimão	Veterano M50	05:06:40	+02:33:50	09:35
235	153	Pedro Miguel Alves Martins	individual	Senior Masculino	05:07:13	+02:34:24	09:36
236	175	Maria da Luz Conchinha	individual	Veterana F55	05:08:15	+02:35:26	09:38
237	211	João Carlos Alves Brito	individual	Veterano M45	05:08:16	+02:35:26	09:38
238	180	Filipe Ferreira Esteves	individual	Veterano M40	05:08:24	+02:35:35	09:38
239	257	Francisco Carvalho	monsanto running team	Veterano M40	05:09:18	+02:36:29	09:40
240	256	Diogo Osório	monsanto running team	Veterano M40	05:09:19	+02:36:30	09:40
241	179	Filipe	individual	Veterano M40	05:09:20	+02:36:30	09:40
242	314	Severino Rosa	ss cgd	Veterano M60	05:09:24	+02:36:35	09:40
243	330	João Paulo Silva	trilho perdido eventos / imporlux	Senior Masculino	05:10:25	+02:37:35	09:42
244	263	José Cunha	nocturnos de paredes	Senior Masculino	05:10:25	+02:37:35	09:42
245	87	Pedro Nunes	cp secil	Veterano M40	05:14:44	+02:41:54	09:50
246	192	Nuno Lagrange	individual	Veterano M40	05:15:59	+02:43:10	09:52
247	169	Ana Paula dos Santos Gonçalves Mira	individual	Veterana F45	05:17:38	+02:44:49	09:56
248	115	Tânia Barbosa dos Reis	individual	Senior Feminino	05:17:38	+02:44:49	09:56
249	229	António Manuel Sanches	individual	Veterano M50	05:26:02	+02:53:13	10:11
250	225	Rui Carlos Soares de Jesus	individual	Veterano M45	05:26:03	+02:53:13	10:11
251	80	Rodrigo Lopes	coa - clube de orientação e aventura	Veterano M40	05:26:17	+02:53:28	10:12
252	71	JOSE CARLOS OLIVEIRA MACHADO FARIA	clube millennium bcp	Veterano M55	05:29:34	+02:56:44	10:18
253	69	CARLOS BENJAMIM SILVA COSTA	clube millennium bcp	Veterano M50	05:29:34	+02:56:45	10:18
254	245	Luis Santos	individual	Veterano M55	05:32:00	+02:59:10	10:23
255	316	Sandra Constantino	talentos team	Veterana F40	05:32:00	+02:59:11	10:23
256	46	João bolina	beers and burgers	Veterano M50	05:32:00	+02:59:11	10:23
257	139	Jorge Filipe Nunes	individual	Senior Masculino	05:32:00	+02:59:11	10:23
258	232	Iudgero Santana	individual	Veterano M50	05:32:56	+03:00:06	10:24
259	68	PAULA ISABEL ROSA BATALHA	clube millennium bcp	Veterana F50	05:36:10	+03:03:21	10:30
260	313	Miguel Reis	ss cgd	Veterano M40	05:36:48	+03:03:59	10:32
261	52	Carla Raposo	carla	Veterana F45	05:38:45	+03:05:56	10:35

**TRAIL LONGO - STAGE 1**
**32 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	96	RUI SÁ	fit gaia trail	Veterano M55	05:39:17	+03:06:27	10:36
263	213	João Ferreira	individual	Veterano M45	05:39:45	+03:06:56	10:37
264	298	Susete Marques	run4eat	Veterana F45	05:39:45	+03:06:56	10:37
265	40	Jerónimo Manuel Fragoso Lopes	associação de atletismo lebres do sado	Veterano M55	05:41:33	+03:08:44	10:40
266	114	Sofia Sommer Ribeiro	individual	Senior Feminino	05:43:01	+03:10:11	10:43
267	170	Carla Moreira	individual	Veterana F45	05:43:01	+03:10:12	10:43
268	98	Nuno Dias	fortísimos running team	Senior Masculino	05:51:45	+03:18:55	11:00
269	315	Elisabete Azougado	tálenos team	Veterana F40	05:52:52	+03:20:03	11:02
270	176	Alexandre Almeida	individual	Veterano M40	05:53:46	+03:20:56	11:03
271	171	Carla Pinto	individual	Veterana F45	05:54:08	+03:21:19	11:04
272	203	Rui Marguilho	individual	Veterano M40	05:54:09	+03:21:19	11:04
273	241	Fernando Teixeira	individual	Veterano M55	05:56:33	+03:23:44	11:09
274	66	CARLA JOAO PEREIRA MIGUEL OLIMPIO	clube millennium bcp	Senior Feminino	05:57:27	+03:24:38	11:10
275	97	Carlos Silva	fortísimos running team	Senior Masculino	06:00:44	+03:27:55	11:16
276	110	Angela Costa	individual	Senior Feminino	06:01:09	+03:28:20	11:17
277	116	Vera Lopes	individual	Senior Feminino	06:01:09	+03:28:20	11:17

## Trail Longo

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18.9°C	42%
End	15:01	18.9°C	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
<b>Senior Feminino</b>							
1	285	MARIA AREIAS	Oralklass-Amigos do Trail	Senior Feminino	03:13:43	+40:53	06:03
2	63	Rute Martins	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	03:32:47	+59:57	06:39
3	286	Nádia Filipa Pais Casteleiro	Oralklass-Amigos do Trail	Senior Feminino	03:37:06	+01:04:16	06:47
4	105	Mafalda Moniz	GO!Runners	Senior Feminino	03:46:22	+01:13:33	07:04
5	112	Inês Tavares Lopes	Individual	Senior Feminino	03:53:24	+01:20:34	07:18
6	340	Susana Alves	XL&S TRAIL	Senior Feminino	03:59:54	+01:27:04	07:30
7	106	Patrícia Lourenço	GO!Runners	Senior Feminino	04:19:28	+01:46:39	08:07
8	45	Susana Pereira	Beers and burgers	Senior Feminino	04:22:53	+01:50:04	08:13
9	253	Flor Irina Amonsky	Kalorias Runners	Senior Feminino	04:27:10	+01:54:20	08:21
10	73	Mafalda Faria	CLUBE NOVO BANCO	Senior Feminino	04:36:15	+02:03:26	08:38
11	76	Sónia Marques	COA - Clube de Orientação e Aventura	Senior Feminino	05:06:25	+02:33:35	09:35
12	115	Tânia Barbosa dos Reis	Individual	Senior Feminino	05:17:38	+02:44:49	09:56
13	114	Sofia Sommer Ribeiro	Individual	Senior Feminino	05:43:01	+03:10:11	10:43
14	66	CARLA JOAO PEREIRA MIGUEL OLIMPIO	Clube Millennium BCP	Senior Feminino	05:57:27	+03:24:38	11:10
15	110	Angela Costa	Individual	Senior Feminino	06:01:09	+03:28:20	11:17
16	116	Vera Lopes	Individual	Senior Feminino	06:01:09	+03:28:20	11:17

## Senior Masculino

1	15	Luís Duarte Casaca Semedo	ACPortalegre/UTSM	Senior Masculino	02:33:31	+00:41	04:48
2	118	Aita Tamang	Individual	Senior Masculino	02:38:10	+05:20	04:57
3	289	Paulo Conde	Oralklass-Amigos do Trail	Senior Masculino	02:38:26	+05:36	04:57
4	303	Bruno Coelho	SatecnosolOutdoor-LaSportiva	Senior Masculino	02:39:56	+07:06	05:00
5	336	Luis Fernandes	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:42:04	+09:15	05:04
6	12	Paulo Costa	A.D.Amarante trail running	Senior Masculino	02:42:16	+09:26	05:04
7	47	João Canelas	Beja Atlético Clube	Senior Masculino	02:45:39	+12:50	05:11
8	287	Fernando Miguel Neves	Oralklass-Amigos do Trail	Senior Masculino	02:46:25	+13:36	05:12
9	288	João Nogueira	Oralklass-Amigos do Trail	Senior Masculino	02:50:01	+17:11	05:19
10	133	Francisco Carvalho	Individual	Senior Masculino	02:52:49	+19:59	05:24
11	134	Grasso	Individual	Senior Masculino	02:55:44	+22:55	05:30
12	304	Cesar Barros	SatecnosolOutdoor-LaSportiva	Senior Masculino	02:56:00	+23:10	05:30
13	146	Nelson Diogo	AMCF - Arrábida Trail Team	Senior Masculino	02:56:10	+23:20	05:30
14	268	Rui Jorge Santos	OCS PROAVENTURAS	Senior Masculino	02:56:45	+23:55	05:31
15	337	Luís Silva	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:03:31	+30:41	05:44
16	162	Simão	Individual	Senior Masculino	03:05:09	+32:19	05:47
17	88	Nelson Teixeira	CROCODILOS / MISTERPC	Senior Masculino	03:08:43	+35:53	05:54
18	143	Marco Silva	Individual	Senior Masculino	03:09:24	+36:35	05:55



## Trail Longo

## 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

19	11	José Barros	A.D.Amarante trail running	Senior Masculino	03:09:41	+36:51	05:56
20	91	Vitor Gateira	Évora Night Runners	Senior Masculino	03:10:35	+37:46	05:57
21	308	Marco Guerra	Scp Newark Running	Senior Masculino	03:12:50	+40:01	06:02
22	341	Ricardo Miguel Sousa Amorim	XL&S TRAIL	Senior Masculino	03:13:24	+40:34	06:03
23	13	Luís Silva	ABCansado Trail	Senior Masculino	03:21:09	+48:20	06:17
24	311	Emídio Correia	Sport Clube Beira-Mar	Senior Masculino	03:22:32	+49:42	06:20
25	24	Vitor Pinto	AMCF - Arrábida Trail Team	Senior Masculino	03:22:45	+49:56	06:20
26	138	João Ricardo Cristo Dias	Individual	Senior Masculino	03:22:52	+50:03	06:20
27	346	Pedro Fernandes	Remo Clube Lusitano	Senior Masculino	03:23:32	+50:42	06:22
28	107	Ricardo Luis	GO!Runners	Senior Masculino	03:23:39	+50:49	06:22
29	130	Daniel Ribeiro	Individual	Senior Masculino	03:25:34	+52:44	06:25
30	123	bruno emanuel rolo periquito	Individual	Senior Masculino	03:27:30	+54:40	06:29
31	90	João Tomaz	Évora Night Runners	Senior Masculino	03:29:56	+57:07	06:34
32	102	Romeu Alexandre Taneco Colaço	Ginásio Qtª do Valbom - AAAlcochete	Senior Masculino	03:31:47	+58:58	06:37
33	129	Daniel Louro	Individual	Senior Masculino	03:31:49	+58:59	06:37
34	77	Jorge Nabais	COA - Clube de Orientação e Aventura	Senior Masculino	03:33:04	+01:00:15	06:40
35	342	Rui Carmo	XL&S TRAIL	Senior Masculino	03:35:38	+01:02:48	06:44
36	7	Tiago Almeida	100 esTRILHOS	Senior Masculino	03:37:07	+01:04:17	06:47
37	148	Pedro Figueira	Individual	Senior Masculino	03:39:39	+01:06:49	06:52
38	6	Sergio Almeida	100 esTRILHOS	Senior Masculino	03:40:20	+01:07:30	06:53
39	335	Filipe Inácio	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:40:45	+01:07:55	06:54
40	120	Alexis Pedrosa	Individual	Senior Masculino	03:44:09	+01:11:19	07:00
41	53	Cesar Orvalho	CCD Siemens	Senior Masculino	03:44:56	+01:12:06	07:02
42	14	José Leandro Pereira Soares	ACD JARDIM DA SERRA	Senior Masculino	03:45:03	+01:12:13	07:02
43	50	Ricardo Conde	C.D."Os Águias" de Alpiarça	Senior Masculino	03:46:37	+01:13:48	07:05
44	267	Ricardo Cunha	OCS PROAVENTURAS	Senior Masculino	03:47:56	+01:15:06	07:07
45	64	Pedro Miguel Pires Gonçalves	Clube Futebol Guadiana	Senior Masculino	03:48:01	+01:15:11	07:08
46	266	Helder Lemos	OCS PROAVENTURAS	Senior Masculino	03:52:32	+01:19:42	07:16
47	28	Eduardo Quaresma	Arrabida Runners	Senior Masculino	03:53:09	+01:20:19	07:17
48	326	Rodrigo Tavares	toka a correr	Senior Masculino	03:53:22	+01:20:32	07:18
49	140	Luis dias	Individual	Senior Masculino	03:54:24	+01:21:34	07:20
50	145	Nelson Adao	Individual	Senior Masculino	03:55:11	+01:22:21	07:21
51	132	Francisco Borges	Individual	Senior Masculino	03:58:00	+01:25:10	07:26
52	126	Bruno Raposeira	Individual	Senior Masculino	03:59:02	+01:26:12	07:28
53	325	Pedro David De Sousa Neves	Team Crosswater	Senior Masculino	04:00:51	+01:28:01	07:32
54	103	Ruben Dias	Ginásio Qtª do Valbom - AAAlcochete	Senior Masculino	04:01:59	+01:29:10	07:34
55	155	Ricardo Salgueiro	Individual	Senior Masculino	04:02:32	+01:29:43	07:35
56	164	Tiago Marcelino	Individual	Senior Masculino	04:07:15	+01:34:25	07:44
57	109	João Freire	GURUS	Senior Masculino	04:08:10	+01:35:20	07:45
58	150	Pedro Gonçalves	Individual	Senior Masculino	04:08:50	+01:36:01	07:47
59	135	Helder Lopes	Montanha Clube Trail Running/Efapel	Senior Masculino	04:09:18	+01:36:28	07:47
60	10	António Mendes	A.D.Amarante trail running	Senior Masculino	04:09:26	+01:36:37	07:48
61	324	João Carlos Ferreira Martins Marçal	Team Crosswater	Senior Masculino	04:09:29	+01:36:40	07:48
62	125	Bruno Narciso	Individual	Senior Masculino	04:10:53	+01:38:03	07:50

## Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

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63	149	Pedro Frazão	Individual	Senior Masculino	04:15:19	+01:42:30	07:59
64	174	Miguel Ribério	Trilho Perdido Eventos / Importlux	Senior Masculino	04:16:50	+01:44:00	08:02
65	258	Hugo Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	04:16:57	+01:44:08	08:02
66	159	Rui Luciano	Individual	Senior Masculino	04:20:05	+01:47:16	08:08
67	152	Pedro Lucas	Individual	Senior Masculino	04:26:28	+01:53:39	08:20
68	49	Bruno Fernandes	Bruno	Senior Masculino	04:33:28	+02:00:39	08:33
69	160	Salvador Corrêa de Oliveira	Individual	Senior Masculino	04:38:09	+02:05:20	08:42
70	254	Luis Ribeiro	Monsanto Running Team	Senior Masculino	04:38:11	+02:05:21	08:42
71	54	João Fernandes	CCD Siemens	Senior Masculino	04:39:37	+02:06:47	08:44
72	158	Rui Alegre	Individual	Senior Masculino	04:40:53	+02:08:03	08:47
73	137	Ivo Roque	Individual	Senior Masculino	04:42:40	+02:09:51	08:50
74	84	Hélio Carreira	CP Secil	Senior Masculino	04:45:49	+02:13:00	08:56
75	306	Pedro Salgueiro	Sawadee	Senior Masculino	04:46:13	+02:13:23	08:57
76	124	Bruno José Miguel da Palma	Individual	Senior Masculino	04:46:33	+02:13:44	08:57
77	151	Pedro Guerra	Individual	Senior Masculino	04:48:27	+02:15:38	09:01
78	131	David Matias	Individual	Senior Masculino	04:53:13	+02:20:23	09:10
79	157	Roberto Filipe Domingos da Silva Pereira	Individual	Senior Masculino	04:54:19	+02:21:29	09:12
80	163	Simão Pedro Martinho Pacheco	Individual	Senior Masculino	05:03:34	+02:30:44	09:29
81	153	Pedro Miguel Alves Martins	Individual	Senior Masculino	05:07:13	+02:34:24	09:36
82	330	João Paulo Silva	Trilho Perdido Eventos / Importlux	Senior Masculino	05:10:25	+02:37:35	09:42
83	263	José Cunha	NOCTURNOS DE PAREDES	Senior Masculino	05:10:25	+02:37:35	09:42
84	139	Jorge Filipe Nunes	Individual	Senior Masculino	05:32:00	+02:59:11	10:23
85	98	Nuno Dias	Fortíssimos Running Team	Senior Masculino	05:51:45	+03:18:55	11:00
86	97	Carlos Silva	Fortíssimos Running Team	Senior Masculino	06:00:44	+03:27:55	11:16

## Sub 23 Feminino

1	343	Ana Rita de Barros Carneiro	XL&S TRAIL	Sub 23 Feminino	04:35:27	+02:02:38	08:36
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## Sub 23 Masculino

1	166	Romeu Gouveia	Individual	Sub 23 Masculino	02:32:49		04:47
2	291	António Braziela	Oralklass-Amigos do Trail	Sub 23 Masculino	02:42:17	+09:27	05:04
3	305	Bruno Silva	SatecnosolOutdoor-LaSportiva	Sub 23 Masculino	02:46:07	+13:17	05:11

## Veterana F40

1	9	Inês Henriques Marques	99provasgratuitas	Veterana F40	03:19:50	+47:01	06:15
2	270	Sónia Túbal	OCS PROAVENTURAS	Veterana F40	03:52:32	+01:19:43	07:16
3	248	Joana leitão	Jacklane e Manda Brasa	Veterana F40	04:15:54	+01:43:04	08:00
4	331	Ana Tomé	Trilho Perdido Eventos / Importlux	Veterana F40	04:16:49	+01:44:00	08:02
5	44	Cláudia Guerreiro	ATR-Algarve Trail Running	Veterana F40	04:27:34	+01:54:45	08:22
6	61	Sara Velho	Clube da Natureza de Alvito	Veterana F40	04:34:59	+02:02:10	08:36
7	92	Carla Ramos	Évora Night Runners	Veterana F40	04:37:14	+02:04:24	08:40

Official Timekeeper: Lap2Go

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## Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

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8	316	Sandra Constantino	Tálenos Team	Veterana F40	05:32:00	+02:59:11	10:23
9	315	Elisabete Azougado	Tálenos Team	Veterana F40	05:52:52	+03:20:03	11:02

### Veterana F45

1	38	Carmen Ferreira	ASC Vale Grande	Veterana F45	03:45:03	+01:12:14	07:02
2	168	Ana lucia Duarte	Individual	Veterana F45	04:08:19	+01:35:29	07:46
3	172	Carla Santos	Individual	Veterana F45	04:09:13	+01:36:24	07:47
4	16	Paula Matos	ACPortalegre/UTSM	Veterana F45	04:14:50	+01:42:01	07:58
5	271	Isabel Pisco	OCS PROAVENTURAS	Veterana F45	04:35:00	+02:02:10	08:36
6	169	Ana Paula dos Santos Gonçalves Mira	Individual	Veterana F45	05:17:38	+02:44:49	09:56
7	52	Carla Raposo	Carla	Veterana F45	05:38:45	+03:05:56	10:35
8	298	Susete Marques	RUN4EAT	Veterana F45	05:39:45	+03:06:56	10:37
9	170	Carla Moreira	Individual	Veterana F45	05:43:01	+03:10:12	10:43
10	171	Carla Pinto	Individual	Veterana F45	05:54:08	+03:21:19	11:04

### Veterana F50

1	309	Cidália Costa Martins	SEMPRE A 30	Veterana F50	03:51:18	+01:18:28	07:14
2	333	Maria Luísa Espírito Santo	U.F. Comércio e Indústria Atletismo	Veterana F50	04:08:13	+01:35:23	07:45
3	68	PAULA ISABEL ROSA Batalha	Clube Millennium BCP	Veterana F50	05:36:10	+03:03:21	10:30

### Veterana F55

1	175	Maria da Luz Conchinha	Individual	Veterana F55	05:08:15	+02:35:26	09:38
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### Veterano M40

1	205	Rui Pedro Pinheiro da Fonseca	Individual	Veterano M40	02:47:36	+14:47	05:14
2	35	Pedro Veríssimo	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:47:46	+14:56	05:15
3	95	Luis Miguel Cunha	Figueira Kayak Clube	Veterano M40	02:52:29	+19:39	05:23
4	25	Rui Sequeira	AMCF - Arrábida Trail Team	Veterano M40	02:55:12	+22:23	05:29
5	23	Paulo Lopes	AMCF - Arrábida Trail Team	Veterano M40	02:57:54	+25:05	05:34
6	100	PEDRO SANTOS	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	02:59:41	+26:52	05:37
7	22	Luis Martins	AMCF - Arrábida Trail Team	Veterano M40	03:01:00	+28:10	05:39
8	312	Alex Tondela	Sport Clube Beira-Mar	Veterano M40	03:11:19	+38:30	05:59
9	204	Rui Miguel Lóia	Individual	Veterano M40	03:19:47	+46:57	06:15
10	142	Nelson Quiterio	Individual	Veterano M40	03:21:41	+48:52	06:18
11	78	Carlos Matias	COA - Clube de Orientação e Aventura	Veterano M40	03:22:22	+49:33	06:19
12	182	Hugo Montes de Almeida	Individual	Veterano M40	03:27:08	+54:18	06:28
13	264	Vitor Veloso	O Mundo da Corrida	Veterano M40	03:27:16	+54:26	06:29
14	194	Nuno Pereira	Individual	Veterano M40	03:30:06	+57:17	06:34
15	196	Paulo Oliveira	Individual	Veterano M40	03:30:19	+57:29	06:34

Official Timekeeper: Lap2Go	4 / 8	generate 28-Oct-2017 15:07
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**Trail Longo**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

16	272	guilherme hora	OCS PROAVENTURAS	Veterano M40	03:34:48	+01:01:59	06:43
17	318	João Farinhas	Tálenos Team	Veterano M40	03:39:32	+01:06:42	06:52
18	200	Pedro Borregana	Individual	Veterano M40	03:39:33	+01:06:44	06:52
19	202	Pedro Moleirinho	Individual	Veterano M40	03:40:53	+01:08:04	06:54
20	332	Hugo Miguel	Trilho Perdido Eventos / Importlux	Veterano M40	03:42:16	+01:09:27	06:57
21	201	Pedro Miguel Santos	Individual	Veterano M40	03:44:12	+01:11:23	07:00
22	296	Luis Miguel Leitão Marques	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	Veterano M40	03:45:44	+01:12:54	07:03
23	56	João Queiroz	CCD Siemens	Veterano M40	03:45:56	+01:13:06	07:04
24	51	Nuno Paulino	C.D."Os Águias" de Alpiarça	Veterano M40	03:46:37	+01:13:48	07:05
25	251	Luis Almeida	Jobrinde Montes Saloios	Veterano M40	03:48:26	+01:15:36	07:08
26	101	Rogério Rodrigues	G.D.M. Trail Team	Veterano M40	03:51:19	+01:18:29	07:14
27	319	José Luís Nunes Mendes Alecrim Lopes	Tálenos Team	Veterano M40	03:52:04	+01:19:15	07:15
28	75	Ricardo Pereira	Clube OGMA	Veterano M40	03:53:01	+01:20:11	07:17
29	252	Nuno Filipe Lopes Baltazar	Juventude Vidigalense	Veterano M40	03:54:01	+01:21:12	07:19
30	262	Alexandre Figueiredo	NAPA - Núcleo de Amigos da Perna Assada	Veterano M40	03:57:04	+01:24:15	07:25
31	65	Luis Gouveia	Clube Futebol Guadiana	Veterano M40	03:58:07	+01:25:18	07:26
32	260	Jorge Alexandre Correia Moita	Montanha Clube Trail Running/Efapel	Veterano M40	04:04:59	+01:32:10	07:39
33	185	Jorge Correia	Individual	Veterano M40	04:05:53	+01:33:04	07:41
34	186	Jose Carlos Duarte	Individual	Veterano M40	04:06:59	+01:34:09	07:43
35	206	Rui Vieira	Individual	Veterano M40	04:07:11	+01:34:21	07:43
36	193	Nuno Lopes	Individual	Veterano M40	04:07:20	+01:34:31	07:44
37	79	Nuno Barata	COA - Clube de Orientação e Aventura	Veterano M40	04:07:40	+01:34:51	07:44
38	81	Simão Petulante	COA - Clube de Orientação e Aventura	Veterano M40	04:13:27	+01:40:38	07:55
39	207	Tó Serrão	Individual	Veterano M40	04:16:36	+01:43:47	08:01
40	317	Carlos Brito	Tálenos Team	Veterano M40	04:21:16	+01:48:27	08:10
41	178	Artur Soares	Individual	Veterano M40	04:22:10	+01:49:20	08:12
42	181	Flavio Monteiro	Individual	Veterano M40	04:22:18	+01:49:29	08:12
43	74	Aires Barata	CLUBE NOVO BANCO	Veterano M40	04:27:10	+01:54:20	08:21
44	274	Pedro Calado	OCS PROAVENTURAS	Veterano M40	04:28:02	+01:55:13	08:23
45	327	Paulo Ferreira	Trail Clube Futebol de Sassoeiros	Veterano M40	04:28:32	+01:55:43	08:24
46	60	Luís Paulo F. A. Carlos	Chitas de Alcobaça	Veterano M40	04:34:54	+02:02:04	08:35
47	273	João Faria	OCS PROAVENTURAS	Veterano M40	04:36:16	+02:03:26	08:38
48	197	paulo sousa	Individual	Veterano M40	04:40:19	+02:07:29	08:46
49	190	Marco Silva	Individual	Veterano M40	04:41:05	+02:08:15	08:47
50	188	Luis Cruz	Individual	Veterano M40	04:41:34	+02:08:45	08:48
51	199	Pedro Barata	Individual	Veterano M40	04:49:10	+02:16:20	09:02
52	250	Ricardo vilchez	Jacklane e Manda Brasa	Veterano M40	04:52:31	+02:19:42	09:08
53	320	Pedro Inverno	Tálenos Team	Veterano M40	05:05:48	+02:32:59	09:33
54	180	Filipe Ferreira Esteves	Individual	Veterano M40	05:08:24	+02:35:35	09:38
55	257	Francisco Carvalho	Monsanto Running Team	Veterano M40	05:09:18	+02:36:29	09:40
56	256	Diogo Osório	Monsanto Running Team	Veterano M40	05:09:19	+02:36:30	09:40
57	179	Filipe	Individual	Veterano M40	05:09:20	+02:36:30	09:40

## Trail Longo

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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58	87	Pedro Nunes	CP Secil	Veterano M40	05:14:44	+02:41:54	09:50
59	192	Nuno Lagrange	Individual	Veterano M40	05:15:59	+02:43:10	09:52
60	80	Rodrigo Lopes	COA - Clube de Orientação e Aventura	Veterano M40	05:26:17	+02:53:28	10:12
61	313	Miguel Reis	SS CGD	Veterano M40	05:36:48	+03:03:59	10:32
62	176	Alexandre Almeida	Individual	Veterano M40	05:53:46	+03:20:56	11:03
63	203	Rui Marguilho	Individual	Veterano M40	05:54:09	+03:21:19	11:04

## Veterano M45

1	338	Virgilio Gomes	U.F. Comércio e Indústria Atletismo	Veterano M45	02:48:47	+15:58	05:16
2	62	Nuno Patricio	Clube da Natureza de Alvito	Veterano M45	02:49:02	+16:12	05:17
3	26	Marcolino Veríssimo	AMCF - Arrábida Trail Team	Veterano M45	02:55:11	+22:22	05:28
4	276	Rufino Paiva	OCS PROAVENTURAS	Veterano M45	03:06:54	+34:05	05:50
5	216	Joaquim Pato	Individual	Veterano M45	03:08:50	+36:00	05:54
6	208	Carlos Eduardo Lourenço	Individual	Veterano M45	03:09:49	+36:59	05:56
7	41	Alexandre Cunha	Associação o Mundo da Corrida	Veterano M45	03:14:40	+41:51	06:05
8	220	Marco Lívio	Individual	Veterano M45	03:17:03	+44:13	06:09
9	275	Paulo Osório	OCS PROAVENTURAS	Veterano M45	03:27:20	+54:30	06:29
10	59	César Francisco	cesarfrancisco.com   lagrimas team	Veterano M45	03:38:17	+01:05:28	06:49
11	57	José Lopes	CCD Siemens	Veterano M45	03:39:49	+01:06:59	06:52
12	30	Nuno Almeida	Arrabida Runners	Veterano M45	03:39:55	+01:07:05	06:52
13	83	Luís Lobato	COA - Clube de Orientação e Aventura	Veterano M45	03:41:48	+01:08:58	06:56
14	300	Ismael Maiato	Salamandrecos	Veterano M45	03:42:13	+01:09:23	06:57
15	299	José Centúrio	RUN4EAT	Veterano M45	03:42:18	+01:09:28	06:57
16	36	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	03:44:58	+01:12:08	07:02
17	37	Pedro Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M45	03:48:17	+01:15:27	07:08
18	8	Luis Aires	100 esTRILHOS	Veterano M45	03:52:31	+01:19:41	07:16
19	29	José Casimiro Alegria Fernandes	Arrabida Runners	Veterano M45	03:52:37	+01:19:48	07:16
20	82	Luís Emídio	COA - Clube de Orientação e Aventura	Veterano M45	03:59:48	+01:26:59	07:30
21	218	José Costa Alves	Individual	Veterano M45	03:59:58	+01:27:08	07:30
22	212	João Carlos Oliveira	Individual	Veterano M45	04:01:09	+01:28:20	07:32
23	301	Miguel Pedro	Salamandrecos	Veterano M45	04:03:03	+01:30:14	07:36
24	224	Paulo Vieira	Individual	Veterano M45	04:07:14	+01:34:25	07:44
25	214	Joaquim Caeiro	Individual	Veterano M45	04:10:18	+01:37:29	07:49
26	226	Rui Carvalho	Individual	Veterano M45	04:15:40	+01:42:50	07:59
27	17	Sérgio Carinhas	ACPortalegre/UTSM	Veterano M45	04:18:21	+01:45:32	08:04
28	281	Nuno Lucas	opraticante.pt	Veterano M45	04:24:13	+01:51:24	08:15
29	221	Miguel Sergio Henriques Guedes Gomes	Individual	Veterano M45	04:24:13	+01:51:24	08:15
30	219	Luis Fidalgo	Individual	Veterano M45	04:30:32	+01:57:43	08:27
31	39	Paulo Jorge dos Santos	Associação de atletismo Lebres do sado	Veterano M45	04:33:56	+02:01:07	08:34
32	209	Carlos Rodrigues	Individual	Veterano M45	04:39:02	+02:06:13	08:43

### Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

33	48	Jorge Vaz	BRRnightRUNNERS	Veterano M45	04:43:06	+02:10:16	08:51
34	108	Pedro Felício	Grupo Desportivo Securitas SA	Veterano M45	04:45:36	+02:12:46	08:56
35	210	Celso Fernandes	Individual	Veterano M45	04:45:49	+02:13:00	08:56
36	227	Sérgio Póvoa	Individual	Veterano M45	04:52:50	+02:20:01	09:09
37	321	Rui Garcia	Tálenos Team	Veterano M45	04:53:04	+02:20:15	09:10
38	18	Ricardo Louro	ADRC MATA DE BENFICA	Veterano M45	04:55:45	+02:22:56	09:15
39	211	João Carlos Alves Brito	Individual	Veterano M45	05:08:16	+02:35:26	09:38
40	225	Rui Carlos Soares de Jesus	Individual	Veterano M45	05:26:03	+02:53:13	10:11
41	213	João Ferreira	Individual	Veterano M45	05:39:45	+03:06:56	10:37

### Veterano M50

1	228	António Antas	Individual	Veterano M50	03:09:55	+37:06	05:56
2	233	Luis Soares	Individual	Veterano M50	03:27:21	+54:32	06:29
3	282	António Soares	opraticante.pt	Veterano M50	03:27:59	+55:10	06:30
4	277	João Nuno Fonseca	OCS PROAVENTURAS	Veterano M50	03:32:18	+59:29	06:38
5	292	Sérgio Anunciação	Oralklass-Amigos do Trail	Veterano M50	03:34:59	+01:02:09	06:43
6	283	José Mira	opraticante.pt	Veterano M50	03:46:03	+01:13:13	07:04
7	302	Diogo Gamito	Salamandrecos	Veterano M50	03:50:58	+01:18:08	07:13
8	104	Mário Dias	Ginásio Qtª do Valbom - AAAlcochete	Veterano M50	03:52:52	+01:20:02	07:17
9	32	Silverio Correia	Arrabida Runners	Veterano M50	03:57:50	+01:25:00	07:26
10	240	Sérgio Magalhães	Individual	Veterano M50	03:59:23	+01:26:33	07:29
11	93	José Barrigó	Évora Night Runners	Veterano M50	04:00:39	+01:27:50	07:31
12	234	Mário Filipe	Individual	Veterano M50	04:00:54	+01:28:04	07:32
13	344	Manuel Alves	OLIMPICO VIANENSE TRAIL	Veterano M50	04:08:42	+01:35:52	07:46
14	323	Luís Batista;	Tálenos Team	Veterano M50	04:15:31	+01:42:42	07:59
15	339	Miguel Barnabé	Vertical Navis	Veterano M50	04:21:33	+01:48:43	08:10
16	94	Pedro Nunes	Évora Night Runners	Veterano M50	04:30:19	+01:57:30	08:27
17	236	Nuno Rocha	Individual	Veterano M50	04:35:40	+02:02:50	08:37
18	235	Mário Jorge Coelho	Individual	Veterano M50	04:45:51	+02:13:02	08:56
19	231	joao paulo almeida	Individual	Veterano M50	04:48:04	+02:15:15	09:00
20	237	Paulo Serranito	Individual	Veterano M50	04:51:11	+02:18:22	09:06
21	328	António José Ferreira Lourenço	Trail Runners Portimão	Veterano M50	05:06:40	+02:33:50	09:35
22	229	António Manuel Sanches	Individual	Veterano M50	05:26:02	+02:53:13	10:11
23	69	CARLOS BENJAMIM SILVA COSTA	Clube Millennium BCP	Veterano M50	05:29:34	+02:56:45	10:18
24	46	Joao bolina	Beers and burgers	Veterano M50	05:32:00	+02:59:11	10:23
25	232	ludgero santana	Individual	Veterano M50	05:32:56	+03:00:06	10:24

### Veterano M55

1	279	Zó Vieira	OCS PROAVENTURAS	Veterano M55	03:11:27	+38:37	05:59
2	278	JOÃO PAULO OLIVEIRA MARQUES	OCS PROAVENTURAS	Veterano M55	03:14:04	+41:15	06:04
3	294	alfredo costa	oursense	Veterano M55	03:37:17	+01:04:27	06:47
4	246	Manuel Moreno	Individual	Veterano M55	03:39:16	+01:06:27	06:51
5	284	António Nereu	opraticante.pt	Veterano M55	03:45:55	+01:13:05	07:04



## COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Oralklass-Amigos do Trail	4 + 8 + 11	23
2	SatecnosolOutdoor-LaSportiva	5 + 10 + 22	37
3	U.F. Comércio e Indústria Atletismo	6 + 14 + 28	48
4	AMCF - Arrábida Trail Team	19 + 20 + 23	62
5	OCS PROAVENTURAS	24 + 30 + 39	93
6	A.D.Amarante trail running	7 + 34 + 157	198
7	COA - Clube de Orientação e Aventura	50 + 70 + 87	207
8	ARSM - Associação Recreativa de S. Miguel	13 + 94 + 106	213
9	Évora Night Runners	37 + 63 + 134	234
10	XL&S TRAIL	41 + 73 + 132	246
11	opraticante.pt	62 + 98 + 100	260
12	100 esTRILHOS	75 + 84 + 112	271
13	CCD Siemens	82 + 93 + 99	274
14	Arrabida Runners	83 + 115 + 118	316
15	Ginásio Qtª do Valbom - AAAlcochete	66 + 116 + 138	320
16	GO!Runners	55 + 101 + 174	330
17	Salamandrecos	88 + 108 + 140	336
18	ACPortalegre/UTSM	2 + 163 + 173	338
19	Tálenos Team	79 + 111 + 166	356
20	Trilho Perdido Eventos / Imporlux	89 + 170 + 171	430
21	Montanha Clube Trail Running/Éfapel	141 + 156 + 172	469
22	Monsanto Running Team	203 + 239 + 240	682
23	Clube Millennium BCP	252 + 253 + 259	764



**TRAIL CURTO - STAGE 1**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18.9°C	42%
End	12:51	18.9°C	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	888	Nelson Graça	team goldnutrition   run.pt	Senior Masculino	01:27:59		04:53
2	692	Rúben Chaves	individual	Senior Masculino	01:28:27	+00:28	04:55
3	897	João Pedro Rebelo	u.f. comércio e indústria atletismo	Senior Masculino	01:30:29	+02:30	05:02
4	801	RUI AFONSO	individual	Veterano M45	01:32:07	+04:08	05:07
5	579	Carlos Gonçalves	évora night runners	Senior Masculino	01:33:17	+05:18	05:11
6	697	Tiago Lobo	individual	Senior Masculino	01:33:41	+05:42	05:12
7	597	Rui Rodrigues	golrunners	Senior Masculino	01:35:21	+07:22	05:18
8	898	João Miguel Plácido	união fci de tomar	Senior Masculino	01:36:25	+08:26	05:21
9	755	Luís Padilha Rosado	individual	Veterano M40	01:36:50	+08:51	05:23
10	585	Paulo Jerónimo	fam 2 run	Veterano M45	01:37:48	+09:48	05:26
11	671	Nelson Valente	individual	Senior Masculino	01:37:48	+09:49	05:26
12	865	João Carlos Ferreira Pedro	salta carrascos	Senior Masculino	01:38:30	+10:31	05:28
13	667	MARIO AFONSO	individual	Senior Masculino	01:38:34	+10:35	05:29
14	594	Manuel Macau	furões do alentejo	Veterano M55	01:40:39	+12:40	05:36
15	747	Jorge Pé - Curto	individual	Veterano M40	01:40:44	+12:45	05:36
16	672	Nuno Dinis Carlota de Oliveira	individual	Senior Masculino	01:41:39	+13:40	05:39
17	558	Pedro Sanguino	clube novo banco	Senior Masculino	01:42:29	+14:30	05:42
18	820	Tito Pereira	lebres de domingo	Senior Masculino	01:43:48	+15:49	05:46
19	663	Marco António Barata	individual	Senior Masculino	01:43:48	+15:49	05:46
20	854	Pedro Sousa	palmelense f.clube	Veterano M60	01:43:58	+15:59	05:47
21	632	Carlos Cardoso	individual	Senior Masculino	01:44:09	+16:09	05:47
22	535	PAULO GAIÃO	casa povo alcanena	Veterano M45	01:45:03	+17:04	05:50
23	735	Bernardo Malhador	individual	Veterano M40	01:45:28	+17:29	05:52
24	510	Álvaro Santos	amcf - arrábida trail team	Veterano M40	01:45:39	+17:40	05:52
25	705	Gonçalo Fonseca	individual	Sub 23 Masculino	01:45:54	+17:55	05:53
26	749	José Guimarães	individual	Veterano M40	01:45:56	+17:57	05:53
27	687	Pedro Santos	individual	Senior Masculino	01:46:35	+18:36	05:55
28	783	Francisco Lopes	individual	Veterano M45	01:46:47	+18:48	05:56
29	648	João Gonçalves	individual	Senior Masculino	01:47:09	+19:10	05:57
30	691	Ricardo Rodrigues	individual	Senior Masculino	01:47:19	+19:20	05:58
31	680	Pedro Gonçalo Bonito Póvoas	individual	Senior Masculino	01:47:38	+19:39	05:59
32	774	Rui Loureiro Marques	individual	Veterano M40	01:47:39	+19:40	05:59
33	641	Filipe Jorge Lopes Pimenta	individual	Senior Masculino	01:48:08	+20:09	06:00
34	643	Hugo Pinheiro	individual	Senior Masculino	01:48:20	+20:21	06:01
35	543	PAULO GOULART	clube anacom	Veterano M45	01:48:24	+20:25	06:01
36	882	Paulo Pascoa	tálenos team	Veterano M50	01:48:35	+20:36	06:02
37	596	Luís Miguel Fernandes Rodrigues	ginásio qtº do valbom - aaalcochete	Senior Masculino	01:48:46	+20:47	06:03
38	843	Filipe Alexandre Marques	ocs proaventuras	Sub 23 Masculino	01:49:50	+21:51	06:06
39	639	Fábio Dias	individual	Senior Masculino	01:50:35	+22:36	06:09
40	630	Bruno Miguel Gonçalves Valente	individual	Senior Masculino	01:50:55	+22:56	06:10



## TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	Ø/KM
82	858	Nuno Afonso	run24run	Senior Masculino	02:01:01	+33:02	06:43
83	800	Pedro Patricio	individual	Veterano M45	02:01:10	+33:11	06:44
84	886	João Carlos da Silva R. Barnabé	team crosswater	Senior Masculino	02:01:18	+33:18	06:44
85	911	Vitor Hugo da Graça Simões	individual	Senior Masculino	02:01:20	+33:21	06:44
86	872	Jorge Gonçalves	tálenos team	Senior Masculino	02:01:23	+33:24	06:45
87	689	Pedro Silva	individual	Senior Masculino	02:01:28	+33:29	06:45
88	502	João Limpo	100 estrilhos	Senior Masculino	02:01:57	+33:57	06:47
89	742	joao blasques	individual	Veterano M40	02:02:22	+34:23	06:48
90	771	Pedro Palminha	individual	Veterano M40	02:02:46	+34:47	06:49
91	798	Pedro Gouveia	individual	Veterano M45	02:03:01	+35:01	06:50
92	726	CONCEIÇÃO ALVES	individual	Veterana F50	02:03:02	+35:03	06:50
93	836	Rui Pedro Bulhosa Gonçalves Botas	mtf-hcs	Veterano M45	02:03:10	+35:11	06:51
94	810	João Nuno Fonseca	individual	Veterano M50	02:03:23	+35:23	06:51
95	679	Pedro Constantino	individual	Senior Masculino	02:03:57	+35:58	06:53
96	764	Nuno António	individual	Veterano M40	02:04:03	+36:04	06:54
97	668	Anabela Rainho		Senior Feminino	02:04:39	+36:40	06:56
98	589	David Pequito	furões do alentejo	Senior Masculino	02:04:44	+36:45	06:56
99	593	Vitor Amaro	furões do alentejo	Senior Masculino	02:04:44	+36:45	06:56
100	590	Jorge Gregório	furões do alentejo	Senior Masculino	02:04:45	+36:46	06:56
101	885	Eurico Miguel Dimas Marçal	team crosswater	Senior Masculino	02:04:46	+36:47	06:56
102	802	Rui Barracha	individual	Veterano M45	02:04:56	+36:57	06:56
103	664	Marco Coelho	individual	Senior Masculino	02:05:10	+37:11	06:57
104	649	Joao machado	individual	Senior Masculino	02:05:21	+37:22	06:58
105	573	Paulo Resende	deixem passar os coxos	Veterano M45	02:05:25	+37:26	06:58
106	842	NUNO FILIPE COSTA MARQUES	ocs proaventuras	Sub 23 Masculino	02:05:42	+37:43	06:59
107	688	Pedro Silva	individual	Senior Masculino	02:06:04	+38:05	07:00
108	704	Diogo Rodrigues	individual	Sub 23 Masculino	02:06:34	+38:35	07:02
109	777	Sandro Rodrigues	individual	Veterano M40	02:06:36	+38:37	07:02
110	629	André Trindade	individual	Senior Masculino	02:06:36	+38:37	07:02
111	693	Rui Soares	individual	Senior Masculino	02:06:36	+38:37	07:02
112	690	Ricardo Jorge Ferreira Resende	individual	Senior Masculino	02:06:42	+38:42	07:02
113	707	Alexandra Silva	individual	Veterana F40	02:07:00	+39:01	07:03
114	761	Miguel Cruz	individual	Veterano M40	02:07:14	+39:15	07:04
115	733	Anselmo Fernandes	individual	Veterano M40	02:07:41	+39:42	07:06
116	754	Luis Manuel Pereira Chainho	individual	Veterano M40	02:07:54	+39:54	07:06
117	795	Nelson Santos	individual	Veterano M45	02:07:56	+39:57	07:06
118	834	Nuno pedroso	matilha running	Veterano M45	02:08:12	+40:13	07:07
119	769	Paulo Batista	individual	Veterano M40	02:08:39	+40:40	07:09
120	823	Luis Gonçalves	lebres de domingo	Veterano M40	02:08:42	+40:43	07:09
121	817	Hugo bernardino	lebres de domingo	Senior Masculino	02:08:43	+40:44	07:09
122	860	Luis Spencer	run24run	Veterano M45	02:09:01	+41:02	07:10
123	581	Hugo Freixo	évora night runners	Senior Masculino	02:09:43	+41:44	07:12
124	670	Nelson Rodrigues	individual	Senior Masculino	02:09:44	+41:44	07:12

## TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
125	776	Sandro Fiúza	individual	Veterano M40	02:09:44	+41:45	07:12
126	564	Nuno Nunes	clube novo banco	Veterano M45	02:10:13	+42:14	07:14
127	652	João Palmela	individual	Senior Masculino	02:10:14	+42:15	07:14
128	827	António Gonçalves	mad max team	Veterano M40	02:10:25	+42:26	07:15
129	711	Ana Soraia Gonçalves Ferreira Gomes	individual	Veterana F40	02:10:36	+42:37	07:15
130	645	Jerome Martinez	individual	Senior Masculino	02:10:40	+42:41	07:16
131	607	Filipa Alexandra Vilar	individual	Senior Feminino	02:10:56	+42:57	07:16
132	702	Valter Ricardo dos Santos	individual	Senior Masculino	02:11:10	+43:11	07:17
133	635	Cláudio Ribeiro Moço	individual	Senior Masculino	02:11:55	+43:56	07:20
134	849	Mário Oliveira	os coxos e o miguel	Veterano M40	02:12:57	+44:58	07:23
135	512	Luís Henrique Costa	amigosdacorrida.com	Veterano M40	02:13:25	+45:25	07:25
136	770	Paulo Teixeira	individual	Veterano M40	02:13:41	+45:42	07:26
137	752	Lino Vaz	individual	Veterano M40	02:13:41	+45:42	07:26
138	554	AMERICO ANTONIO PEREIRA ANTUNES	clube millennium bcp	Veterano M50	02:13:53	+45:54	07:26
139	753	Luis Jacob	individual	Veterano M40	02:14:31	+46:32	07:28
140	683	Pedro Miguel Alves dos Santos e Silva	individual	Senior Masculino	02:14:49	+46:50	07:29
141	713	Daniela Wegener	individual	Veterana F40	02:14:56	+46:57	07:30
142	709	Ana Isabel Pereira Farias	individual	Veterana F40	02:15:01	+47:01	07:30
143	636	Damien Laygue	individual	Senior Masculino	02:15:19	+47:20	07:31
144	871	João Aleluia	talentos team	Senior Masculino	02:16:08	+48:09	07:34
145	544	MANUEL GOMES	clube anacom	Veterano M50	02:16:25	+48:26	07:35
146	739	David Branquinho	individual	Veterano M40	02:16:27	+48:28	07:35
147	830	Paulo Silva	mad max team	Veterano M45	02:16:59	+49:00	07:37
148	768	Nuno Tiago	individual	Veterano M40	02:17:00	+49:01	07:37
149	812	Paulo Jorge das Neves Portugal	individual	Veterano M50	02:17:25	+49:26	07:38
150	748	José Guerreiro	individual	Veterano M40	02:17:35	+49:36	07:39
151	562	Nuno Carrasco	clube novo banco	Veterano M40	02:18:00	+50:01	07:40
152	508	Miguel Lopes	99provasgratuitas	Veterano M40	02:18:01	+50:02	07:40
153	890	Nuno Maia	team pernetas	Veterano M40	02:18:13	+50:14	07:41
154	560	Hugo Ribeiro	clube novo banco	Veterano M40	02:18:17	+50:18	07:41
155	803	Rui Caeiro	individual	Veterano M45	02:18:23	+50:24	07:41
156	700	Tiago Santos	individual	Senior Masculino	02:18:29	+50:29	07:42
157	571	Rodrigo Nuno Varela Magalhães	deixem passar os coxos	Sub 23 Masculino	02:18:45	+50:45	07:43
158	566	Márcio Pereira	corridas&comidas	Senior Masculino	02:19:00	+51:01	07:43
159	825	José Califórnia	lusorede - trail running team	Veterano M40	02:19:12	+51:13	07:44
160	921	Nuno Miguel Sousa	individual	Veterano M40	02:19:54	+51:54	07:46
161	574	Carlos Manuel Ferreira Magalhães	deixem passar os coxos	Veterano M50	02:19:56	+51:56	07:46
162	723	Suzana Faria Cano	individual	Veterana F45	02:19:57	+51:58	07:47
163	766	Henrique Zaldo	individual	Senior Masculino	02:20:16	+52:17	07:48
164	793	Goncalo Rosa	individual	Senior Masculino	02:20:19	+52:20	07:48
165	561	José Pequeno	clube novo banco	Veterano M40	02:20:20	+52:21	07:48
166	765	Miguel Contente	individual	Senior Masculino	02:20:23	+52:24	07:48

## TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
167	826	José Pato	mad max team	Senior Masculino	02:20:25	+52:26	07:48
168	912	Fábio Lopes	os lobos	Senior Masculino	02:21:35	+53:36	07:52
169	876	Dora REis	tálenos team	Veterana F45	02:21:54	+53:55	07:53
170	832	Beatriz Sécio	mãe e filhas	Sub 23 Feminino	02:21:54	+53:55	07:53
171	794	Miguel Campos	individual	Veterano M45	02:22:01	+54:02	07:53
172	518	Éder Leal da Silva	arquirunners	Senior Masculino	02:22:45	+54:45	07:56
173	563	Nuno Carvalho	clube novo banco	Veterano M40	02:22:55	+54:56	07:56
174	559	Hugo Pimentel	clube novo banco	Veterano M40	02:23:32	+55:33	07:58
175	859	Marlene Mendes	run24run	Veterana F40	02:23:45	+55:46	07:59
176	580	Gabriel José Alvorado Rosa	évora night runners	Senior Masculino	02:24:01	+56:02	08:00
177	583	José Garcez	évora night runners	Veterano M40	02:24:01	+56:02	08:00
178	775	Rui Nuno Marques	individual	Veterano M40	02:24:09	+56:10	08:01
179	731	LUIISA PISCO	individual	Veterana F55	02:24:13	+56:13	08:01
180	501	Joana Pereira	100 estrilhos	Senior Feminino	02:24:33	+56:34	08:02
181	908	Ricardo Agostinho	light&heavy team	Senior Masculino	02:24:34	+56:35	08:02
182	591	Mário Varela	furões do alentejo	Senior Masculino	02:24:47	+56:48	08:03
183	592	Telmo Ambrósio	furões do alentejo	Senior Masculino	02:24:48	+56:49	08:03
184	601	Catarina Carvalho	individual	Senior Feminino	02:25:06	+57:07	08:04
185	505	Teresa Leitão	100 estrilhos	Veterana F40	02:25:17	+57:18	08:04
186	551	ANTONIO JORGE MENDES FERREIRA	clube millennium bcp	Veterano M45	02:25:50	+57:51	08:06
187	577	Paulo Almeida	escola de atletismo do montijo-a.f.d.d	Veterano M40	02:26:01	+58:02	08:07
188	541	Ricardo Canhoto	cdapn	Senior Masculino	02:26:02	+58:02	08:07
189	540	Pedro Henrique dos Santos Flores	cdapn	Senior Masculino	02:26:02	+58:03	08:07
190	542	Rui Miguel da Encarnação Cardoso de Menezes	cdapn	Veterano M40	02:26:02	+58:03	08:07
191	727	Maria Cristina Rodrigues	individual	Veterana F50	02:26:14	+58:15	08:07
192	504	Mariana Saraiva	100 estrilhos	Veterana F40	02:26:24	+58:25	08:08
193	507	Artur Vicente	100 estrilhos	Veterano M60	02:26:24	+58:25	08:08
194	642	Francisco Lobato de Melo	individual	Senior Masculino	02:26:43	+58:44	08:09
195	586	Miguel Pedro	fraquinhosteam	Veterano M45	02:27:04	+59:05	08:10
196	721	Isabel Maria da cruz Barra	individual	Veterana F45	02:27:14	+59:15	08:11
197	600	Bo Irik	individual	Senior Feminino	02:27:27	+59:28	08:12
198	587	Nuno Goncalves	fraquinhosteam	Veterano M45	02:27:31	+59:32	08:12
199	568	Alexandra Gaspar Jose	cotovia	Senior Feminino	02:27:34	+59:35	08:12
200	509	Paulo Oliveira Lopes	alverca urban runners	Senior Masculino	02:28:08	+01:00:09	08:14
201	595	JOAO SOARES	ginasio energym	Veterano M40	02:28:22	+01:00:23	08:15
202	875	Vera Lourenço	tálenos team	Veterana F40	02:28:44	+01:00:45	08:16
203	892	Fernando Horta	team pernetas	Veterano M50	02:28:45	+01:00:45	08:16
204	701	Valter Amadinho	individual	Senior Masculino	02:29:19	+01:01:20	08:18
205	654	João Ribeiro Rodrigues Pitôrra	individual	Senior Masculino	02:29:20	+01:01:21	08:18
206	669	Miguel Melo Cruz	individual	Senior Masculino	02:29:20	+01:01:21	08:18
207	807	Carlos Alberto dos Santos Jesus	individual	Veterano M50	02:31:09	+01:03:10	08:24
208	537	Edgars Cristeta	ccd siemens	Senior Masculino	02:31:27	+01:03:28	08:25
209	759	Mário Jorge Godinho	individual	Veterano M40	02:31:37	+01:03:38	08:25

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
210	655	José Alberto da Silva Soares	individual	Senior Masculino	02:31:45	+01:03:46	08:26
211	545	JOANA PATRICIA MARQUES ANTUNES	clube millennium bcp	Sub 23 Feminino	02:31:45	+01:03:46	08:26
212	516	Vanessa Gomes	arquirunners	Senior Feminino	02:31:57	+01:03:58	08:27
213	758	Mário Jorge Bernardo Ferreira	individual	Veterano M40	02:32:09	+01:04:10	08:27
214	651	João Mendonça	individual	Senior Masculino	02:32:18	+01:04:19	08:28
215	910	Renato de Sousa Batista	individual	Senior Masculino	02:32:48	+01:04:49	08:29
216	662	Marco Alexandre Santos Martins	individual	Senior Masculino	02:33:26	+01:05:26	08:31
217	602	CATIA AUGUSTO MIRA	individual	Senior Feminino	02:33:26	+01:05:26	08:31
218	676	Paulo Paias	individual	Senior Masculino	02:33:48	+01:05:49	08:33
219	756	Manuel Gonçalves	individual	Veterano M40	02:33:57	+01:05:57	08:33
220	525	Ricardo Silva	arquirunners	Veterano M40	02:34:16	+01:06:17	08:34
221	524	Sandra Serafim	arquirunners	Veterana F40	02:34:16	+01:06:17	08:34
222	743	Joao Carlos Morais Candeias	individual	Veterano M40	02:34:22	+01:06:23	08:35
223	896	Rute Candeias	trailrunners	Veterana F40	02:34:22	+01:06:23	08:35
224	633	Carlos Claro	individual	Senior Masculino	02:34:27	+01:06:28	08:35
225	523	Tiago Francisco Costa	arquirunners	Senior Masculino	02:34:41	+01:06:42	08:36
226	616	Maria de Fatima Nuno Serafim da Silva Gomes	individual	Senior Feminino	02:35:31	+01:07:32	08:38
227	893	João Sequeira	trail clube futebol de sassoeiros	Senior Masculino	02:35:39	+01:07:40	08:39
228	895	Carlos Sousa	trail clube futebol de sassoeiros	Veterano M45	02:35:39	+01:07:40	08:39
229	894	Marco Silveria	trail clube futebol de sassoeiros	Veterano M40	02:35:39	+01:07:40	08:39
230	899	João Antunes	urban trail samora correia	Senior Masculino	02:36:08	+01:08:09	08:40
231	699	Tiago Margaça	individual	Senior Masculino	02:36:32	+01:08:33	08:42
232	736	Bruno Monteiro	tálenos team	Veterano M40	02:36:58	+01:08:59	08:43
233	905	Daniela Domingues Sousa	slb	Senior Feminino	02:37:06	+01:09:07	08:44
234	513	Cristiana Ferreira	arquirunners	Senior Feminino	02:37:06	+01:09:07	08:44
235	815	Carmen Viegas	lebres de domingo	Senior Feminino	02:37:27	+01:09:28	08:45
236	818	Ricardo Gomes	lebres de domingo	Senior Masculino	02:37:28	+01:09:29	08:45
237	724	Ana Guerreiro	individual	Veterana F50	02:37:48	+01:09:49	08:46
238	677	Pedro Alexandre Viana da Silva	individual	Senior Masculino	02:37:57	+01:09:58	08:47
239	744	João Filipe Henriques	individual	Veterano M40	02:37:57	+01:09:58	08:47
240	650	Joao Maia	individual	Senior Masculino	02:38:24	+01:10:25	08:48
241	861	Ana Teresa Dias Tamanqueira	run4eat	Senior Feminino	02:39:05	+01:11:06	08:50
242	863	Maria José Colaço Augusto	run4eat	Veterana F50	02:39:05	+01:11:06	08:50
243	550	VANDA SOFIA FERNANDES CORREIA ROSA	clube millennium bcp	Veterano M40	02:40:08	+01:12:09	08:54
244	548	FERNANDO MIGUEL SILVA ROSA	clube millennium bcp	Veterano M40	02:40:09	+01:12:09	08:54
245	553	PEDRO ALEXANDRE LOURENCO SA	clube millennium bcp	Veterano M45	02:40:34	+01:12:35	08:55
246	773	Rui Figueiredo	individual	Veterano M40	02:41:10	+01:13:11	08:57
247	785	Hélder Garcês	individual	Veterano M45	02:41:13	+01:13:14	08:57
248	565	João Silva	clube novo banco	Veterano M55	02:41:33	+01:13:34	08:59
249	808	DELANOY CHRISTOPHE	individual	Veterano M50	02:42:03	+01:14:04	09:00
250	728	Maria do Céu	individual	Veterana F50	02:42:08	+01:14:09	09:00



TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
296	710	Ana Roque	individual	Veterana F40	02:51:51	+01:23:52	09:33
297	791	JOAQUIM FREITAS	individual	Veterano M45	02:52:10	+01:24:11	09:34
298	883	Tobias Rocha	táentos team	Veterano M50	02:52:37	+01:24:38	09:35
299	717	Sofia Cabrita	individual	Veterana F40	02:53:49	+01:25:50	09:39
300	503	Carla Castanheira	100 estrilhos	Veterana F40	02:54:10	+01:26:11	09:41
301	527	Simao Santana	bandidos	Veterano M40	02:54:54	+01:26:55	09:43
302	526	Francisco Paulos	bandidos	Veterano M40	02:54:54	+01:26:55	09:43
303	781	Carlos Gonçalves	individual	Veterano M45	02:55:17	+01:27:18	09:44
304	831	Maria Sécio	mãe e filhas	Senior Feminino	02:55:22	+01:27:23	09:45
305	828	Sérgio Raposo	mad max team	Veterano M40	02:55:22	+01:27:23	09:45
306	833	Helena Sécio	mãe e filhas	Veterana F50	02:55:32	+01:27:33	09:45
307	862	Elisabete Gonçalves	run4eat	Veterana F40	02:56:07	+01:28:07	09:47
308	901	Carla Talaia	urban trail samora correia	Veterana F40	02:56:36	+01:28:36	09:49
309	570	Sara Gomes	cotovia	Veterana F40	02:58:05	+01:30:06	09:54
310	569	Marisa Macedo Vidal	cotovia	Senior Feminino	02:58:05	+01:30:06	09:54
311	787	João Duarte	individual	Veterano M45	02:58:38	+01:30:39	09:55
312	873	Pedro Nobre	táentos team	Senior Masculino	02:58:41	+01:30:42	09:56
313	864	Luis Paulino dos Santos	run4eat	Veterano M50	02:59:13	+01:31:14	09:57
314	644	Ivo Taleigo	individual	Senior Masculino	03:00:21	+01:32:22	10:01
315	784	Fred	individual	Veterano M45	03:00:22	+01:32:22	10:01
316	627	André Chanoca	individual	Senior Masculino	03:00:22	+01:32:23	10:01
317	614	Liliana Moreira	individual	Senior Feminino	03:01:15	+01:33:16	10:04
318	506	FERNANDO DIAS	100 estrilhos	Veterano M50	03:02:09	+01:34:10	10:07
319	718	Sofia Isabel de Almeida Jesus	individual	Veterana F40	03:02:10	+01:34:11	10:07
320	567	Cláudia Ramos	corridas&comidas	Veterana F40	03:03:52	+01:35:53	10:13
321	681	Pedro Gonçalves	individual	Senior Masculino	03:04:13	+01:36:14	10:14
322	514	Rafaela Lucas	arquirunners	Senior Feminino	03:04:21	+01:36:22	10:15
323	870	Ana Azevedo	ss cgd	Senior Feminino	03:04:22	+01:36:23	10:15
324	658	Luis Miguel da Silva Claro	individual	Senior Masculino	03:04:41	+01:36:41	10:16
325	611	Joana Sequeira Costa	individual	Senior Feminino	03:04:55	+01:36:56	10:16
326	695	Sérgio Viana	individual	Senior Masculino	03:06:42	+01:38:43	10:22
327	626	André Bispo	individual	Senior Masculino	03:06:43	+01:38:44	10:22
328	913	Joana Filipa Pereira Soares	individual	Senior Feminino	03:07:29	+01:39:30	10:25
329	846	Carlos Figueira	opraticante.pt	Veterano M40	03:07:41	+01:39:42	10:26
330	847	David Silva	opraticante.pt	Veterano M50	03:07:42	+01:39:43	10:26
331	656	José João Francisco Gonçalves	individual	Senior Masculino	03:07:58	+01:39:59	10:27
332	879	Rita Pires	táentos team	Veterana F60	03:11:04	+01:43:05	10:37
333	824	Tiago Fonseca	lusorede - trail running team	Senior Masculino	03:11:44	+01:43:45	10:39
334	612	Judite Regina Alves da Silva	individual	Senior Feminino	03:14:13	+01:46:14	10:47
335	113	Patrícia Alexandra Batista da Silva	individual	Senior Feminino	03:14:15	+01:46:16	10:48
336	678	Pedro Cavaco	individual	Senior Masculino	03:14:17	+01:46:18	10:48
337	620	Rita Oliveira	individual	Senior Feminino	03:14:36	+01:46:37	10:49
338	606	Daniela Boleta	individual	Senior Feminino	03:14:43	+01:46:44	10:49
339	520	Luis Carlos Batista Franco	arquirunners	Senior Masculino	03:14:47	+01:46:47	10:49
340	806	ANTÓNIO PORTUGAL	individual	Veterano M50	03:15:57	+01:47:58	10:53



**TRAIL CURTO - STAGE 1**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
341	666	Marco Moura	individual	Senior Masculino	03:15:59	+01:48:00	10:53
342	712	Carmen Cuna	individual	Veterana F40	03:16:00	+01:48:01	10:53
343	850	Daniel Fernandes	os lobos	Senior Masculino	03:17:41	+01:49:42	10:59
344	582	Ana Racha	évora night runners	Veterana F45	03:18:37	+01:50:38	11:02
345	613	Lídia Gonçalves	individual	Senior Feminino	03:18:52	+01:50:53	11:03
346	519	Leandro Miguel Soares	arquirunners	Senior Masculino	03:20:23	+01:52:24	11:08
347	609	Joana Esteves	individual	Senior Feminino	03:20:24	+01:52:25	11:08
348	715	Ondina Alexandra Lopes Teodoro	individual	Veterana F40	03:20:34	+01:52:35	11:09
349	618	MONICA SOFIA DOS SANTOS MASSANO BAPTISTA	individual	Senior Feminino	03:20:35	+01:52:35	11:09
350	621	Rita Rão Maria	individual	Senior Feminino	03:20:35	+01:52:35	11:09
351	725	Catarina Clérigo	individual	Veterana F50	03:20:39	+01:52:39	11:09
352	538	Pedro Costa	ccd siemens	Senior Masculino	03:21:28	+01:53:29	11:12
353	517	Daniel Sousa	arquirunners	Senior Masculino	03:22:35	+01:54:36	11:15
354	588	Isabel Matela	frufresh runners	Veterana F45	03:24:46	+01:56:46	11:23
355	605	Cristiana Maia	individual	Senior Feminino	03:31:39	+02:03:39	11:46
356	634	Christophe Silva	individual	Senior Masculino	03:31:39	+02:03:39	11:46
357	741	Jeronimo Esteves	individual	Veterano M40	03:31:39	+02:03:40	11:46
358	638	diogo andre mota dos reis	individual	Senior Masculino	03:31:39	+02:03:40	11:46
359	837	Celia Ferreira	nucleo desportivo autocoope	Veterana F40	03:39:25	+02:11:25	12:11
360	853	Cristina Costa	ou vai ou racha	Veterana F45	03:41:41	+02:13:42	12:19
361	907	Ricardo Peças	light&heavy team	Veterano M40	03:45:21	+02:17:22	12:31
362	904	Francisco sousa	urban trail samora correia	Veterano M50	03:47:43	+02:19:44	12:39
363	515	Raquel Santos	arquirunners	Senior Feminino	03:47:43	+02:19:44	12:39
364	838	Antonio Fernandes	nucleo desportivo autocoope	Veterano M40	03:50:33	+02:22:34	12:49
365	706	Luis Miguel Camoes Campino	individual	Sub 23 Masculino	03:51:06	+02:23:07	12:50
366	903	João valerio	urban trail samora correia	Veterano M45	03:51:10	+02:23:11	12:51
367	902	Vera valerio	urban trail samora correia	Veterana F40	03:51:11	+02:23:11	12:51

**Trail Curto****18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18.9°C	42%
End	12:51	18.9°C	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Senior Feminino**

1	884	Tânia Sofia Oliveira Prates	Team Crosswater	Senior Feminino	01:56:53	+28:54	06:30
2	615	Malvina Maria de Oliveira Gomes	Individual	Senior Feminino	01:56:59	+29:00	06:30
3	841	Cátia Rodrigues	OCS PROAVENTURAS	Senior Feminino	01:57:40	+29:41	06:32
4	668	Anabela Rainho		Senior Feminino	02:04:39	+36:40	06:56
5	607	Filipa Alexandra Vilar	Individual	Senior Feminino	02:10:56	+42:57	07:16
6	501	Joana Pereira	100 esTRILHOS	Senior Feminino	02:24:33	+56:34	08:02
7	601	Catarina Carvalho	Individual	Senior Feminino	02:25:06	+57:07	08:04
8	600	Bo Irik	Individual	Senior Feminino	02:27:27	+59:28	08:12
9	568	Alexandra Gaspar Jose	Cotovia	Senior Feminino	02:27:34	+59:35	08:12
10	516	Vanessa Gomes	ARQUIRUNNERS	Senior Feminino	02:31:57	+01:03:58	08:27
11	602	CATIA AUGUSTO MIRA	Individual	Senior Feminino	02:33:26	+01:05:26	08:31
12	616	Maria de Fatima Nuno Serafim da Silva Gomes	Individual	Senior Feminino	02:35:31	+01:07:32	08:38
13	905	Daniela Domingues Sousa	SLB	Senior Feminino	02:37:06	+01:09:07	08:44
14	513	Cristiana Ferreira	ARQUIRUNNERS	Senior Feminino	02:37:06	+01:09:07	08:44
15	815	Carmen Viegas	Lebres de Domingo	Senior Feminino	02:37:27	+01:09:28	08:45
16	861	Ana Teresa Dias Tamanqueira	RUN4EAT	Senior Feminino	02:39:05	+01:11:06	08:50
17	608	Iryna Dyachok	Individual	Senior Feminino	02:43:57	+01:15:58	09:07
18	623	Vanda Medeiro	Individual	Senior Feminino	02:45:35	+01:17:36	09:12
19	622	Vanda Jesus	Individual	Senior Feminino	02:48:23	+01:20:24	09:21
20	604	Cláudia Esteves	Individual	Senior Feminino	02:48:54	+01:20:55	09:23
21	619	Rita Correia	Individual	Senior Feminino	02:48:56	+01:20:57	09:23
22	610	Joana Leal	Individual	Senior Feminino	02:50:06	+01:22:07	09:27
23	624	Vera Mota	Individual	Senior Feminino	02:50:07	+01:22:07	09:27
24	831	Maria Sécio	Mãe e filhas	Senior Feminino	02:55:22	+01:27:23	09:45
25	569	Marisa Macedo Vidal	Cotovia	Senior Feminino	02:58:05	+01:30:06	09:54
26	614	Liliana Moreira	Individual	Senior Feminino	03:01:15	+01:33:16	10:04
27	514	Rafaela Lucas	ARQUIRUNNERS	Senior Feminino	03:04:21	+01:36:22	10:15
28	870	Ana Azevedo	SS CGD	Senior Feminino	03:04:22	+01:36:23	10:15
29	611	Joana Sequeira Costa	Individual	Senior Feminino	03:04:55	+01:36:56	10:16
30	913	Joana Filipa Pereira Soares	Individual	Senior Feminino	03:07:29	+01:39:30	10:25
31	612	Judite Regina Alves da Silva	Individual	Senior Feminino	03:14:13	+01:46:14	10:47
32	113	Patrícia Alexandra Batista da Silva	Individual	Senior Feminino	03:14:15	+01:46:16	10:48
33	620	Rita Oliveira	Individual	Senior Feminino	03:14:36	+01:46:37	10:49
34	606	Daniela Boleta	Individual	Senior Feminino	03:14:43	+01:46:44	10:49
35	613	Lídia Gonçalves	Individual	Senior Feminino	03:18:52	+01:50:53	11:03
36	609	Joana Esteves	Individual	Senior Feminino	03:20:24	+01:52:25	11:08
37	618	MONICA SOFIA DOS SANTOS MASSANO BAPTISTA	Individual	Senior Feminino	03:20:35	+01:52:35	11:09
38	621	Rita Rão Maria	Individual	Senior Feminino	03:20:35	+01:52:35	11:09

Official Timekeeper: Lap2Go	1 / 10	generate 28-Oct-2017 15:09
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**Trail Curto****18 KM**

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**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

41	872	Jorge Gonçalves	Tálenos Team	Senior Masculino	02:01:23	+33:24	06:45
42	689	Pedro Silva	Individual	Senior Masculino	02:01:28	+33:29	06:45
43	502	João Limpo	100 esTRILHOS	Senior Masculino	02:01:57	+33:57	06:47
44	679	Pedro Constantino	Individual	Senior Masculino	02:03:57	+35:58	06:53
45	589	David Pequito	Furões do Alentejo	Senior Masculino	02:04:44	+36:45	06:56
46	593	Vitor Amaro	Furões do Alentejo	Senior Masculino	02:04:44	+36:45	06:56
47	590	Jorge Gregório	Furões do Alentejo	Senior Masculino	02:04:45	+36:46	06:56
48	885	Eurico Miguel Dimas Marçal	Team Crosswater	Senior Masculino	02:04:46	+36:47	06:56
49	664	Marco Coelho	Individual	Senior Masculino	02:05:10	+37:11	06:57
50	649	Joao machado	Individual	Senior Masculino	02:05:21	+37:22	06:58
51	688	Pedro Silva	Individual	Senior Masculino	02:06:04	+38:05	07:00
52	629	André Trindade	Individual	Senior Masculino	02:06:36	+38:37	07:02
53	693	Rui Soares	Individual	Senior Masculino	02:06:36	+38:37	07:02
54	690	Ricardo Jorge Ferreira Resende	Individual	Senior Masculino	02:06:42	+38:42	07:02
55	817	Hugo bernardino	Lebres de Domingo	Senior Masculino	02:08:43	+40:44	07:09
56	581	Hugo Freixo	Évora Night Runners	Senior Masculino	02:09:43	+41:44	07:12
57	670	Nelson Rodrigues	Individual	Senior Masculino	02:09:44	+41:44	07:12
58	652	João Palmela	Individual	Senior Masculino	02:10:14	+42:15	07:14
59	645	Jerome Martinez	Individual	Senior Masculino	02:10:40	+42:41	07:16
60	702	Valter Ricardo dos Santos	Individual	Senior Masculino	02:11:10	+43:11	07:17
61	635	Cláudio Ribeiro Moço	Individual	Senior Masculino	02:11:55	+43:56	07:20
62	683	Pedro Miguel Alves dos Santos e Silva	Individual	Senior Masculino	02:14:49	+46:50	07:29
63	636	Damien Laygue	Individual	Senior Masculino	02:15:19	+47:20	07:31
64	871	João Aleluia	Tálenos Team	Senior Masculino	02:16:08	+48:09	07:34
65	700	Tiago Santos	Individual	Senior Masculino	02:18:29	+50:29	07:42
66	566	Márcio Pereira	Corridas&Comidas	Senior Masculino	02:19:00	+51:01	07:43
67	766	Henrique Zaldo	Individual	Senior Masculino	02:20:16	+52:17	07:48
68	793	Goncalo Rosa	Individual	Senior Masculino	02:20:19	+52:20	07:48
69	765	Miguel Contente	Individual	Senior Masculino	02:20:23	+52:24	07:48
70	826	José Pato	Mad Max Team	Senior Masculino	02:20:25	+52:26	07:48
71	912	Fábio Lopes	Os Lobos	Senior Masculino	02:21:35	+53:36	07:52
72	518	Éder Leal da Silva	ARQUIRUNNERS	Senior Masculino	02:22:45	+54:45	07:56
73	580	Gabriel José Alvorado Rosa	Évora Night Runners	Senior Masculino	02:24:01	+56:02	08:00
74	908	Ricardo Agostinho	Light&Heavy Team	Senior Masculino	02:24:34	+56:35	08:02
75	591	Mário Varela	Furões do Alentejo	Senior Masculino	02:24:47	+56:48	08:03
76	592	Telmo Ambrósio	Furões do Alentejo	Senior Masculino	02:24:48	+56:49	08:03
77	541	Ricardo Canhoto	CDAPN	Senior Masculino	02:26:02	+58:02	08:07
78	540	Pedro Henrique dos Santos Flores	CDAPN	Senior Masculino	02:26:02	+58:03	08:07
79	642	Francisco Lobato de Melo	Individual	Senior Masculino	02:26:43	+58:44	08:09
80	509	Paulo Oliveira Lopes	Alverca Urban Runners	Senior Masculino	02:28:08	+01:00:09	08:14
81	701	Valter Amadinho	Individual	Senior Masculino	02:29:19	+01:01:20	08:18
82	654	João Ribeiro Rodrigues Pitôrra	Individual	Senior Masculino	02:29:20	+01:01:21	08:18
83	669	Miguel Melo Cruz	Individual	Senior Masculino	02:29:20	+01:01:21	08:18
84	537	Edgars Cristeta	CCD Siemens	Senior Masculino	02:31:27	+01:03:28	08:25
85	655	José Alberto da Silva Soares	Individual	Senior Masculino	02:31:45	+01:03:46	08:26
86	651	João Mendonça	Individual	Senior Masculino	02:32:18	+01:04:19	08:28

**Trail Curto**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

87	910	Renato de Sousa Batista	Individual	Senior Masculino	02:32:48	+01:04:49	08:29
88	662	Marco Alexandre Santos Martins	Individual	Senior Masculino	02:33:26	+01:05:26	08:31
89	676	Paulo Paias	Individual	Senior Masculino	02:33:48	+01:05:49	08:33
90	633	Carlos Claro	Individual	Senior Masculino	02:34:27	+01:06:28	08:35
91	523	Tiago Francisco Costa	ARQUIRUNNERS	Senior Masculino	02:34:41	+01:06:42	08:36
92	893	João Sequeira	Trail Clube Futebol de Sassoeiros	Senior Masculino	02:35:39	+01:07:40	08:39
93	899	João Antunes	Urban Trail Samora Correia	Senior Masculino	02:36:08	+01:08:09	08:40
94	699	Tiago Margaça	Individual	Senior Masculino	02:36:32	+01:08:33	08:42
95	818	Ricardo Gomes	Lebres de Domingo	Senior Masculino	02:37:28	+01:09:29	08:45
96	677	Pedro Alexandre Viana da Silva	Individual	Senior Masculino	02:37:57	+01:09:58	08:47
97	650	Joao Maia	Individual	Senior Masculino	02:38:24	+01:10:25	08:48
98	674	Nuno Milheiro	Individual	Senior Masculino	02:42:19	+01:14:20	09:01
99	521	Luis Rego	ARQUIRUNNERS	Senior Masculino	02:42:28	+01:14:29	09:02
100	557	Pedro Mota	CLUBE NOVO BANCO	Senior Masculino	02:45:33	+01:17:34	09:12
101	646	João Calvão	Individual	Senior Masculino	02:47:31	+01:19:32	09:18
102	889	Sérgio Martins	Team Pernetas	Senior Masculino	02:47:55	+01:19:55	09:20
103	909	Luis Vitorino	Light&Heavy Team	Senior Masculino	02:48:17	+01:20:18	09:21
104	647	João Carlos Aquilino Piteira	Individual	Senior Masculino	02:48:23	+01:20:24	09:21
105	528	Nuno Miguel Duarte Ferreira	Borinhas	Senior Masculino	02:48:28	+01:20:29	09:22
106	661	Márcio Rodrigues	Individual	Senior Masculino	02:49:26	+01:21:27	09:25
107	628	André Sabino	Individual	Senior Masculino	02:50:17	+01:22:18	09:28
108	873	Pedro Nobre	Tálenos Team	Senior Masculino	02:58:41	+01:30:42	09:56
109	644	Ivo Taleigo	Individual	Senior Masculino	03:00:21	+01:32:22	10:01
110	627	André Chanoca	Individual	Senior Masculino	03:00:22	+01:32:23	10:01
111	681	Pedro Gonçalves	Individual	Senior Masculino	03:04:13	+01:36:14	10:14
112	658	Luis Miguel da Silva Claro	Individual	Senior Masculino	03:04:41	+01:36:41	10:16
113	695	Sérgio Viana	Individual	Senior Masculino	03:06:42	+01:38:43	10:22
114	626	André Bispo	Individual	Senior Masculino	03:06:43	+01:38:44	10:22
115	656	José João Francisco Gonçalves	Individual	Senior Masculino	03:07:58	+01:39:59	10:27
116	824	Tiago Fonseca	Lusorede - Trail Running Team	Senior Masculino	03:11:44	+01:43:45	10:39
117	678	Pedro Cavaco	Individual	Senior Masculino	03:14:17	+01:46:18	10:48
118	520	Luis Carlos Batista Franco	ARQUIRUNNERS	Senior Masculino	03:14:47	+01:46:47	10:49
119	666	Marco Moura	Individual	Senior Masculino	03:15:59	+01:48:00	10:53
120	850	Daniel Fernandes	Os Lobos	Senior Masculino	03:17:41	+01:49:42	10:59
121	519	Leandro Miguel Soares	ARQUIRUNNERS	Senior Masculino	03:20:23	+01:52:24	11:08
122	538	Pedro Costa	CCD Siemens	Senior Masculino	03:21:28	+01:53:29	11:12
123	517	Daniel Sousa	ARQUIRUNNERS	Senior Masculino	03:22:35	+01:54:36	11:15
124	634	Christophe Silva	Individual	Senior Masculino	03:31:39	+02:03:39	11:46
125	638	diogo andre mota dos reis	Individual	Senior Masculino	03:31:39	+02:03:40	11:46

**Sub 23 Feminino**

1	832	Beatriz Sécio	Mãe e filhas	Sub 23 Feminino	02:21:54	+53:55	07:53
2	545	JOANA PATRICIA MARQUES ANTUNES	Clube Millennium BCP	Sub 23 Feminino	02:31:45	+01:03:46	08:26



**Trail Curto****18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	721	Isabel Maria da cruz Barra	Individual	Veterana F45	02:27:14	+59:15	08:11
4	720	Fernanda Basilio	Individual	Veterana F45	02:43:29	+01:15:30	09:05
5	572	Lúisa Ferreira	Deixem Passar os Coxos	Veterana F45	02:45:45	+01:17:46	09:13
6	173	Paula Ventura	Individual	Veterana F45	02:46:17	+01:18:18	09:14
7	719	Elsa Francisco	Individual	Veterana F45	02:47:38	+01:19:39	09:19
8	532	Lúisa Pires	Borinhas	Veterana F45	02:48:28	+01:20:29	09:22
9	531	Isabel Vidinha	Borinhas	Veterana F45	02:48:28	+01:20:29	09:22
10	722	Olivia Cristina Gaspar	Individual	Veterana F45	02:51:07	+01:23:07	09:30
11	582	Ana Racha	Évora Night Runners	Veterana F45	03:18:37	+01:50:38	11:02
12	588	Isabel Matela	frufresh runners	Veterana F45	03:24:46	+01:56:46	11:23
13	853	Cristina Costa	Ou vai ou racha	Veterana F45	03:41:41	+02:13:42	12:19

**Veterana F50**

1	726	CONCEIÇÃO ALVES	Individual	Veterana F50	02:03:02	+35:03	06:50
2	727	Maria Cristina Rodrigues	Individual	Veterana F50	02:26:14	+58:15	08:07
3	724	Ana Guerreiro	Individual	Veterana F50	02:37:48	+01:09:49	08:46
4	863	Maria José Colaço Augusto	RUN4EAT	Veterana F50	02:39:05	+01:11:06	08:50
5	728	Maria do Céu	Individual	Veterana F50	02:42:08	+01:14:09	09:00
6	729	Maria Isabel Rodrigues	Individual	Veterana F50	02:43:25	+01:15:25	09:05
7	840	Maria Puga	O Mundo da Corrida	Veterana F50	02:46:40	+01:18:41	09:16
8	598	Alexandra Clemente	Idealvida	Veterana F50	02:50:04	+01:22:05	09:27
9	833	Helena Sécio	Mãe e filhas	Veterana F50	02:55:32	+01:27:33	09:45
10	725	Catarina Clérigo	Individual	Veterana F50	03:20:39	+01:52:39	11:09

**Veterana F55**

1	731	LUIZA PISCO	Individual	Veterana F55	02:24:13	+56:13	08:01
2	878	Kina Seabra	Talentos Team	Veterana F55	02:44:03	+01:16:04	09:07

**Veterana F60**

1	879	Rita Pires	Talentos Team	Veterana F60	03:11:04	+01:43:05	10:37
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**Veterano M40**

1	755	Luis Padilha Rosado	Individual	Veterano M40	01:36:50	+08:51	05:23
2	747	Jorge Pé - Curto	Individual	Veterano M40	01:40:44	+12:45	05:36
3	735	Bernardo Malhador	Individual	Veterano M40	01:45:28	+17:29	05:52
4	510	Álvaro Santos	AMCF - Arrábida Trail Team	Veterano M40	01:45:39	+17:40	05:52
5	749	José Guimarães	Individual	Veterano M40	01:45:56	+17:57	05:53
6	774	Rui Loureiro Marques	Individual	Veterano M40	01:47:39	+19:40	05:59
7	821	Carlos Ludovino	Lebres de Domingo	Veterano M40	01:51:01	+23:02	06:10
8	746	Joaquim António Velhinho Dias	Individual	Veterano M40	01:51:16	+23:17	06:11
9	549	RICARDO MANUEL MACHADO PIRES	Clube Millennium BCP	Veterano M40	01:54:22	+26:23	06:21

Official Timekeeper: Lap2Go	6 / 10	generate 28-Oct-2017 15:09
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**Trail Curto**

**18 KM**

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**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	856	António Filipe Rocha de Sousa	Remo Clube Lusitano	Veterano M40	01:54:52	+26:53	06:23
11	822	João Santos	Lebres de Domingo	Veterano M40	01:55:05	+27:06	06:24
12	779	Sérgio Cacheirinha	Individual	Veterano M40	01:55:11	+27:12	06:24
13	578	Paulo Galveia	Escola de Atletismo do Montijo-A.F.D.D	Veterano M40	01:56:46	+28:46	06:29
14	763	norberto silva	Individual	Veterano M40	01:57:00	+29:01	06:30
15	924	José Fernandes Amaro	LIZ RUNNERS	Veterano M40	01:57:25	+29:26	06:31
16	767	Nuno Silva	Individual	Veterano M40	01:57:26	+29:27	06:31
17	780	Sérgio Pontes	Individual	Veterano M40	01:57:42	+29:43	06:32
18	737	Carlos Venâncio	Individual	Veterano M40	02:00:01	+32:02	06:40
19	742	joao blasques	Individual	Veterano M40	02:02:22	+34:23	06:48
20	771	Pedro Palminha	Individual	Veterano M40	02:02:46	+34:47	06:49
21	764	Nuno António	Individual	Veterano M40	02:04:03	+36:04	06:54
22	777	Sandro Rodrigues	Individual	Veterano M40	02:06:36	+38:37	07:02
23	761	Miguel Cruz	Individual	Veterano M40	02:07:14	+39:15	07:04
24	733	Anselmo Fernandes	Individual	Veterano M40	02:07:41	+39:42	07:06
25	754	Luis Manuel Pereira Chainho	Individual	Veterano M40	02:07:54	+39:54	07:06
26	769	Paulo Batista	Individual	Veterano M40	02:08:39	+40:40	07:09
27	823	Luis Gonçalves	Lebres de Domingo	Veterano M40	02:08:42	+40:43	07:09
28	776	Sandro Fiúza	Individual	Veterano M40	02:09:44	+41:45	07:12
29	827	António Gonçalves	Mad Max Team	Veterano M40	02:10:25	+42:26	07:15
30	849	Mário Oliveira	Os coxos e o Miguel	Veterano M40	02:12:57	+44:58	07:23
31	512	Luís Henrique Costa	amigosdacorrida.com	Veterano M40	02:13:25	+45:25	07:25
32	770	Paulo Teixeira	Individual	Veterano M40	02:13:41	+45:42	07:26
33	752	Lino Vaz	Individual	Veterano M40	02:13:41	+45:42	07:26
34	753	Luis Jacob	Individual	Veterano M40	02:14:31	+46:32	07:28
35	739	David Branquinho	Individual	Veterano M40	02:16:27	+48:28	07:35
36	768	Nuno Tiago	Individual	Veterano M40	02:17:00	+49:01	07:37
37	748	José Guerreiro	Individual	Veterano M40	02:17:35	+49:36	07:39
38	562	Nuno Carrasco	CLUBE NOVO BANCO	Veterano M40	02:18:00	+50:01	07:40
39	508	Miguel Lopes	99provasgratuitas	Veterano M40	02:18:01	+50:02	07:40
40	890	Nuno Maia	Team Pernetas	Veterano M40	02:18:13	+50:14	07:41
41	560	Hugo Ribeiro	CLUBE NOVO BANCO	Veterano M40	02:18:17	+50:18	07:41
42	825	José Califórnia	Lusorede - Trail Running Team	Veterano M40	02:19:12	+51:13	07:44
43	921	Nuno Miguel Sousa	Individual	Veterano M40	02:19:54	+51:54	07:46
44	561	José Pequeno	CLUBE NOVO BANCO	Veterano M40	02:20:20	+52:21	07:48
45	563	Nuno Carvalho	CLUBE NOVO BANCO	Veterano M40	02:22:55	+54:56	07:56
46	559	Hugo Pimentel	CLUBE NOVO BANCO	Veterano M40	02:23:32	+55:33	07:58
47	583	José Garcez	Évora Night Runners	Veterano M40	02:24:01	+56:02	08:00
48	775	Rui Nuno Marques	Individual	Veterano M40	02:24:09	+56:10	08:01
49	577	Paulo Almeida	Escola de Atletismo do Montijo-A.F.D.D	Veterano M40	02:26:01	+58:02	08:07
50	542	Rui Miguel da Encarnação Cardoso de Menezes	CDAPN	Veterano M40	02:26:02	+58:03	08:07
51	595	JOAO SOARES	GINASIO ENERGYM	Veterano M40	02:28:22	+01:00:23	08:15
52	759	Mário Jorge Godinho	Individual	Veterano M40	02:31:37	+01:03:38	08:25
53	758	Mário Jorge Bernardo Ferreira	Individual	Veterano M40	02:32:09	+01:04:10	08:27

Official Timekeeper: Lap2Go	7 / 10	generate 28-Oct-2017 15:09
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## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

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54	756	Manuel Gonçalves	Individual	Veterano M40	02:33:57	+01:05:57	08:33
55	525	Ricardo Silva	ARQUIRUNNERS	Veterano M40	02:34:16	+01:06:17	08:34
56	743	Joao Carlos Morais Candeias	Individual	Veterano M40	02:34:22	+01:06:23	08:35
57	894	Marco Silveria	Trail Clube Futebol de Sassoeiros	Veterano M40	02:35:39	+01:07:40	08:39
58	736	Bruno Monteiro	Tálenos Team	Veterano M40	02:36:58	+01:08:59	08:43
59	744	João Filipe Henriques	Individual	Veterano M40	02:37:57	+01:09:58	08:47
60	550	VANDA SOFIA FERNANDES CORREIA ROSA	Clube Millennium BCP	Veterano M40	02:40:08	+01:12:09	08:54
61	548	FERNANDO MIGUEL SILVA ROSA	Clube Millennium BCP	Veterano M40	02:40:09	+01:12:09	08:54
62	773	Rui Figueiredo	Individual	Veterano M40	02:41:10	+01:13:11	08:57
63	757	Mário Fernando Gomes Esteves	Individual	Veterano M40	02:48:34	+01:20:35	09:22
64	829	Sérgio Rodrigues	Mad Max Team	Veterano M40	02:49:10	+01:21:11	09:24
65	772	Pedro Tome Marques dos Santos	Individual	Veterano M40	02:49:41	+01:21:42	09:26
66	740	Fábio Batista	Individual	Veterano M40	02:50:46	+01:22:47	09:29
67	527	Simao Santana	BANDIDOS	Veterano M40	02:54:54	+01:26:55	09:43
68	526	Francisco Paulos	BANDIDOS	Veterano M40	02:54:54	+01:26:55	09:43
69	828	Sérgio Raposo	Mad Max Team	Veterano M40	02:55:22	+01:27:23	09:45
70	846	Carlos Figueira	opraticante.pt	Veterano M40	03:07:41	+01:39:42	10:26
71	741	Jeronimo Esteves	Individual	Veterano M40	03:31:39	+02:03:40	11:46
72	907	Ricardo Peças	Light&Heavy Team	Veterano M40	03:45:21	+02:17:22	12:31
73	838	Antonio Fernandes	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M40	03:50:33	+02:22:34	12:49

## Veterano M45

1	801	RUI AFONSO	Individual	Veterano M45	01:32:07	+04:08	05:07
2	585	Paulo Jerónimo	FAM 2 RUN	Veterano M45	01:37:48	+09:48	05:26
3	535	PAULO GAIÃO	CASA POVO ALCANENA	Veterano M45	01:45:03	+17:04	05:50
4	783	Francisco Lopes	Individual	Veterano M45	01:46:47	+18:48	05:56
5	543	PAULO GOULART	CLUBE ANACOM	Veterano M45	01:48:24	+20:25	06:01
6	857	Luís Filipe Pimentel Carvalho	Remo Clube Lusitano	Veterano M45	01:55:02	+27:03	06:23
7	805	Vasco guedelha	Individual	Veterano M45	01:57:04	+29:05	06:30
8	786	Hélder Monteiro	Individual	Veterano M45	01:58:37	+30:38	06:35
9	799	Pedro Lourenço	Individual	Veterano M45	01:59:01	+31:02	06:37
10	796	Paulo Alexandre Freire Gameiro Bibe	Individual	Veterano M45	02:00:35	+32:35	06:42
11	800	Pedro Patricio	Individual	Veterano M45	02:01:10	+33:11	06:44
12	798	Pedro Gouveia	Individual	Veterano M45	02:03:01	+35:01	06:50
13	836	Rui Pedro Bulhosa Gonçalves Botas	MTF-HCS	Veterano M45	02:03:10	+35:11	06:51
14	802	Rui Barracha	Individual	Veterano M45	02:04:56	+36:57	06:56
15	573	Paulo Resende	Deixem Passar os Coxos	Veterano M45	02:05:25	+37:26	06:58
16	795	Nelson Santos	Individual	Veterano M45	02:07:56	+39:57	07:06
17	834	Nuno pedroso	Matilha Running	Veterano M45	02:08:12	+40:13	07:07
18	860	Luís Spencer	RUN24RUN	Veterano M45	02:09:01	+41:02	07:10
19	564	Nuno Nunes	CLUBE NOVO BANCO	Veterano M45	02:10:13	+42:14	07:14
20	830	Paulo Silva	Mad Max Team	Veterano M45	02:16:59	+49:00	07:37
21	803	Rui Caeiro	Individual	Veterano M45	02:18:23	+50:24	07:41
22	794	Miguel Campos	Individual	Veterano M45	02:22:01	+54:02	07:53

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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23	551	ANTONIO JORGE MENDES FERREIRA	Clube Millennium BCP	Veterano M45	02:25:50	+57:51	08:06
24	586	Miguel Pedro	fraquinhosteam	Veterano M45	02:27:04	+59:05	08:10
25	587	Nuno Goncalves	fraquinhosteam	Veterano M45	02:27:31	+59:32	08:12
26	895	Carlos Sousa	Trail Clube Futebol de Sassoeiros	Veterano M45	02:35:39	+01:07:40	08:39
27	553	PEDRO ALEXANDRE LOURENCO SA	Clube Millennium BCP	Veterano M45	02:40:34	+01:12:35	08:55
28	785	Hélder Garcês	Individual	Veterano M45	02:41:13	+01:13:14	08:57
29	788	João Fernandes	Individual	Veterano M45	02:45:39	+01:17:39	09:12
30	790	João Pedro Alves Vieira	Individual	Veterano M45	02:46:27	+01:18:28	09:15
31	789	João Manuel Rosa	Individual	Veterano M45	02:50:18	+01:22:19	09:28
32	867	Francisco Macheta	Salta carrascos	Veterano M45	02:51:07	+01:23:08	09:30
33	868	Rodolfo Vale	Salta carrascos	Veterano M45	02:51:07	+01:23:08	09:30
34	791	JOAQUIM FREITAS	Individual	Veterano M45	02:52:10	+01:24:11	09:34
35	781	Carlos Gonçalves	Individual	Veterano M45	02:55:17	+01:27:18	09:44
36	787	João Duarte	Individual	Veterano M45	02:58:38	+01:30:39	09:55
37	784	Fred	Individual	Veterano M45	03:00:22	+01:32:22	10:01
38	903	João valerio	Urban Trail Samora Correia	Veterano M45	03:51:10	+02:23:11	12:51

Veterano M50

1	882	Paulo Pascoa	Tálenos Team	Veterano M50	01:48:35	+20:36	06:02
2	809	Joao Lixa	Individual	Veterano M50	01:55:16	+27:16	06:24
3	813	rui bento costa	Individual	Veterano M50	01:57:20	+29:21	06:31
4	887	Carlos Neves	Team Crosswater	Veterano M50	01:58:29	+30:30	06:35
5	852	José Rogério Silva	Os Pardais	Veterano M50	01:58:43	+30:44	06:36
6	811	Joaquim Lima	Individual	Veterano M50	01:59:04	+31:05	06:37
7	810	João Nuno Fonseca	Individual	Veterano M50	02:03:23	+35:23	06:51
8	554	AMERICO ANTONIO PEREIRA ANTUNES	Clube Millennium BCP	Veterano M50	02:13:53	+45:54	07:26
9	544	MANUEL GOMES	CLUBE ANACOM	Veterano M50	02:16:25	+48:26	07:35
10	812	Paulo Jorge das Neves Portugal	Individual	Veterano M50	02:17:25	+49:26	07:38
11	574	Carlos Manuel Ferreira Magalhães	Deixem Passar os Coxos	Veterano M50	02:19:56	+51:56	07:46
12	892	Fernando Horta	Team Pernetas	Veterano M50	02:28:45	+01:00:45	08:16
13	807	Carlos Alberto dos Santos Jesus	Individual	Veterano M50	02:31:09	+01:03:10	08:24
14	808	DELANOY CHRISTOPHE	Individual	Veterano M50	02:42:03	+01:14:04	09:00
15	881	Fernando Nascimento	Tálenos Team	Veterano M50	02:43:59	+01:16:00	09:07
16	851	Jorge Soares	Os Pardais	Veterano M50	02:47:03	+01:19:03	09:17
17	599	Tiago Lourenço	Idealvida	Veterano M50	02:50:04	+01:22:04	09:27
18	883	Tobias Rocha	Tálenos Team	Veterano M50	02:52:37	+01:24:38	09:35
19	864	Luis Paulino dos Santos	RUN4EAT	Veterano M50	02:59:13	+01:31:14	09:57
20	506	FERNANDO DIAS	100 esTRILHOS	Veterano M50	03:02:09	+01:34:10	10:07
21	847	David Silva	opraticante.pt	Veterano M50	03:07:42	+01:39:43	10:26
22	806	ANTÓNIO PORTUGAL	Individual	Veterano M50	03:15:57	+01:47:58	10:53
23	904	Francisco souza	Urban Trail Samora Correia	Veterano M50	03:47:43	+02:19:44	12:39

**Trail Curto**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Veterano M55**

1	594	Manuel Macau	Furões do Alentejo	Veterano M55	01:40:39	+12:40	05:36
2	814	Fernando Manuel Dias Trino	Individual	Veterano M55	01:54:15	+26:16	06:21
3	576	Juvenal Jesus Moreira	Deixem Passar os Coxos	Veterano M55	01:54:17	+26:17	06:21
4	565	João Silva	CLUBE NOVO BANCO	Veterano M55	02:41:33	+01:13:34	08:59

**Veterano M60**

1	854	Pedro Sousa	Palmelense F.Clube	Veterano M60	01:43:58	+15:59	05:47
2	507	Artur Vicente	100 esTRILHOS	Veterano M60	02:26:24	+58:25	08:08

